

Study Skills Checklist

Go through the following checklist when you're getting ready to start studying.

- I know which of my courses I plan to start studying.
- I have intentional time blocked off to work on the subject of my choice.
- I know when I am going to start studying.
- I have chosen a quiet study location where I know that I can be productive.
- I have all of my necessary study materials (i.e., graphing calculator for math; notebook paper/binder; course textbook; flashcards; laptop/charger; headphones, etc.) to be successful in my studying.
- I know my resources to utilize if I get stuck on a problem or confused on an assignment. (i.e., the email of your professor/TA; signing up for Tutoring/SI; getting additional Academic Skills Tutoring, etc.)
- I know how to take notes as I am completing my reading assignments.
- I have a specific, small reward planned for myself as soon as I complete one of my tasks. (i.e., a piece of candy; taking a short walk; a 5 minute social media break, etc.)
- I am going to complete this checklist for each subject I plan to work on to help me stay organized.

