COURSE DATE: April 5, 2019

TITLE: Proprioceptive Neuromuscular Facilitation (PNF) for the Upper Extremity and Scapula

DESCRIPTION: Upper Extremity PNF course will review the basic principles utilized in PNF in a functional manner. The class will review the basic extremity patterns and scapular patterns and enhance the student’s knowledge of activities, patterns and techniques of PNF. There will be simulated patient scenarios for both the treatment of neurologic and orthopedic dysfunction, as well as functional outcomes. The course will be both a lecture and lab setting.

OUTCOMES:
- Describe basic principles used in PNF
- Demonstrate basic and advanced extremity patterns in simulated patient treatment
- Demonstrate basic and advanced trunk patterns in simulated patient treatment
- Construct and modify treatment programs to suit specific patient needs

INSTRUCTOR: Ann Briscoe PT graduated from Marquette University in 1985 with an interest in the rehabilitation of the neurologically involved patient. In 1989 she completed an intensive 3 month post-graduate PNF studies at the Kaiser Foundation Rehabilitation Center in Vallejo California. Also completed graduate studies at Finch University of Health Sciences at Chicago Medical School [now Roselind Franklin University of Medicine and Science] in North Chicago Illinois. Ann was past Teacher/ACCE at Gateway Technical in the PTA program. Currently presents PNF in lecture/lab format at Marquette University since 1993 and at Carroll University since 2000. She has also taught PNF in Ohio and Arizona to both PTs and OTs. She is currently the Director of Rehabilitation Services at Aurora St. Luke’s South Shore.

LEVEL: Intermediate

AUDIENCE: PTs, PTAs, OTs, OTAs, and ATs

AGENDA:

8:00 AM  Registration Opens
8:30 AM  Introduction and Housekeeping
8:45 AM  Philosophy, Basic Principles, Techniques of Facilitation
9:45 AM  Scapular Patterns and Practice
10:00 AM  Break
10:15 AM  Continue Scapular Patterns and Practice
11:30 AM  Functional Application
12:00 PM  Lunch (on your own)
1:00 PM  Extremity Patterns
2:30 PM  Break
2:45 PM  Functional Application
3:30 PM  Case Scenarios and Presentation
4:15 PM  Final Remarks, Question and Answer
4:30 PM  Adjourn

Register Online: http://bit.ly/ce11736
PRE-COURSE ASSIGNMENT: N/A

COURSE #: 11736

PRICE:
Early Price $255 (On or Before 3/5/2019)

CEU’s / CLOCK HOURS:
Agenda reflects 0.65 CEU’s (6.5 Clock hours)

LOCATION:
UW-Milwaukee Continuing Education
Plankinton Building, 7th Floor
161 West Wisconsin Avenue
Milwaukee, WI 53203

Register Online: http://bit.ly/ce11736