

Continuing Education for *Healthcare Professionals*



COURSE DESCRIPTION:

This hands-on course will focus on the scapula and pelvis patterns of PNF. The basic principles utilized in PNF in a functional manner will be taught to help develop muscular strength and endurance, joint stability, mobility, neuromuscular control and coordination; all of which are aimed at improving the overall functional ability of patient. The class will review the scapula and pelvic patterns to enhance course participant's knowledge of activities, patterns and techniques of PNF. There will be simulated patient scenarios for both the treatment of neurologic and orthopedic dysfunction, as well as functional outcomes. The course will consist of both lecture and hands-on labs.

LEARNING OUTCOMES:

- Demonstrate and perform scapula patterns
- Demonstrate and perform pelvic patterns
- Demonstrate and perform combination of scapula + pelvic patterns
- Utilize patterns to perform functional tasks

CONTENT FOCUS:

Domain of OT: Areas of Occupation and Client Factors

Occupational Therapy Process: Evaluation, Intervention, and Outcomes

CEUs: 0.65 (Contact Hours: 6.5 hours)

PRICE: \$255 (before/on 8/29) / \$295 (after 8/29)

PROGRAM NUMBER: 9920

LEVEL: Introductory

AUDIENCE:

OTs, OTAs, PTs, PTAs, and ATs



Proprioceptive Neuromuscular Facilitation (PNF) for the Upper & Lower Trunk

INSTRUCTOR:

Ann Briscoe, PT, graduated from Marquette University in 1985 with an interest in the rehabilitation of the neurologically involved patient. In 1989 she completed an intensive 3 month post-graduate PNF studies at the Kaiser Foundation Rehabilitation Center in Vallejo California. Also completed graduate studies at Finch University of Health Sciences at Chicago Medical School [now Roselind Franklin University of Medicine and Science] in North Chicago Illinois. Ann was past Teacher/ACCE at Gateway Technical in the PTA program. Currently presents PNF in lecture/lab format at Marquette University since 1993 and at Carroll University since 2000. She has also taught PNF in Ohio and Arizona to both PTs and OTs. She is currently the Director of Rehabilitation Services at Aurora St. Luke's South Shore and Aurora Sinai Medical Center.



DATE: Friday, September 29, 2017

8:00 a.m. to 4:30 p.m.

LOCATION: UW-Milwaukee Continuing Education Plankinton Building, 7th Floor
 161 West Wisconsin Avenue, Milwaukee, WI 53203

QUESTIONS? CONTACT US