

# Continuing Education for **Healthcare Professionals**



## **COURSE DESCRIPTION:**

Advanced taping techniques and assessments are presented as Lecture Tutorials to introduce step by step applications for chronic edema, scar and fascial management, nerve taping as well as acute and chronic pain management. Participants will be offered ample lab time to practice each advanced technique guided by the Assessment Flowchart for clinical decision making. Case studies are presented for designing a clinically relevant application within a treatment program guided by the instructor. Case studies are then introduced for small groups of students to practice the variety of assessment techniques and advanced taping applications. A brief review of the basic taping and assessment concepts learned in the first 2 day course will also take place

## **LEARNING OUTCOMES:**

- List two specific symptoms of injury for each of the following tissues: nerve, muscle, epidermis, dermis, fascia and joint.
- Demonstrate application of advanced Epidermis Correction Technique – Web Layering.
- Demonstrate application of advanced Dermis Correction Technique – Jellyfish.
- Demonstrate application of advanced Fascia Correction Techniques - Ram’s Head and Manual Fascial Glide.
- Demonstrate application of advanced Circulatory Lymphatic Correction Technique – Basket Weave.
- Demonstrate application of advanced Space Correction Technique – Scar Management techniques.
- Demonstrate integration of Muscle Direction Tests, Screening Assessments, and Corrective Techniques to treat complex injuries such as Whiplash, Shoulder Impingement, and Chronic Knee Pain.
- In a small group setting identify 3 items on a problem list and goal list from specified case studies and develop appropriate interventions using tape as a modality and defend to the class.

## **CONTENT FOCUS:**

- Completion of Kinesio Taping® Assessments, Fundamental Concepts and Techniques courses.
- Must have completed 80 course hours of anatomy and physiology
- Must have working knowledge of musculoskeletal system
- Must be able to do assessments by evaluating and /or diagnosing injuries and conditions



## **Kinesio Taping® Advanced Techniques and Clinical Reasoning**

### **INSTRUCTOR:**

Randall Alford, OTR/L, CHT, CKTI, is a graduate of Texas Woman’s University and has been practicing since 1994. He has been a Kinesio taping instructor since 2003 and has taught courses nationally. He presently works in a private practice in Baton Rouge, LA as the Director of Hand Therapy for the Physical Therapy and Hand Center, where he primarily treats orthopaedic and sports injuries of the upper extremity. He taught Sensory-Motor class in the Fall of 2001 at the LSU Health Sciences Center in New Orleans, and has presented lectures on hand and upper extremity management at LSU Athletic Training Department in Baton Rouge, LA. He has been a certified hand therapist since 2000, and has developed and taught many orthopaedic and splinting classes of the upper extremity.



**PROGRAM NUMBER:** 10110

**CEUs:** 0.8 (Contact Hours: 8 hours)

**PRICE:** \$285 (before/on 11/1)  
 \$385 (after 11/1)

**LEVEL:** Introductory

### **AUDIENCE:**

PTs, OTs, OTAs, PTAs, ATs, Physicians, Chiropractors, Licensed Acupuncturists, Licensed Massage Therapists, and other allied health professionals

**DATE:** Friday, December 1, 2017  
 8:00 a.m. to 5:30 p.m.

**LOCATION:** UW-Milwaukee Continuing Education Plankinton Building, 7th Floor  
 161 West Wisconsin Avenue, Milwaukee, WI 53203

### **CONTENT FOCUS:**

**Domain of OT:**  
 Performance Skills

**Occupational Therapy Process:**  
 Evaluation, Intervention,  
 and Outcomes

## **QUESTIONS? CONTACT US**