



Circle of support Grief Support Group

This weekly group will focus on helping students understand and cope with the loss of an immediate family member or primary caretaker in a safe supportive space.

Focus will be on having a place to share experiences of loss, develop or strengthen coping strategies and explore one's own unique grief process.

For more information scan QR code or contact
Counseling Services at 414-229-7429



**STUDENT HEALTH
AND WELLNESS CENTER**
Medical • Counseling • Health Promotion and Advocacy

