Helpful Tips for Pregnant and Parenting Students

Classes and School Activities
- You have the right to continue participating in classes and extracurricular activities even though you are pregnant.
- You are not required to submit a doctor’s note unless stated otherwise by your school or institution.
- You have the right to be provided with reasonable adjustments and accommodations when necessary because of your pregnancy.

Excused Absences and Medical Leave
- Absences are excused due to pregnancy or childbirth as long as your medical provider says it’s necessary.
- You should be provided an opportunity to make up any work missed while you were out.
- An instructor may not refuse to allow you to submit work after a deadline you missed because of pregnancy or childbirth. This goes for participation or attendance credits you didn’t have a chance to earn, as well.
- Pregnant students are to receive the same special services as other students with temporary medical conditions.
- While pregnancy itself isn’t a disability, some pregnancy-related conditions like gestational diabetes or pre-eclampsia may qualify as disabilities. Students experiencing these conditions can contact the UWM Accessibility Resource Center (ARC) for assistance.

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Ask for help—meet with the Title IX Coordinator or regarding what can be done to support you in continuing your education.

Keep notes about your pregnancy-related absences, any instances of harassment and your interactions with school officials about your pregnancy, and immediately report problems to the Title IX Coordinator, and/or other university staff you feel comfortable with.

UWM Campus Resources and Support for Pregnant and Parenting Students
- UWM Title IX Office
- The Student Parent Success Program
- UWM Women’s Resource Center
- UWM Lactation Rooms
- UWM Children’s Learning Center