

Note-Taking Self-Assessment: Analyzing Note-Taking Strategies

Directions: Assess your current note taking strategies by checking the appropriate responses to the following questions. Be prepared to discuss the efficacy of your current strategy. Think about why each of the following questions are relevant to taking effective notes.

	Always	Sometimes	Never
Do you complete the assigned reading before each lecture?			
Do you try to sit as close as possible to the instructor?			
Do you doodle or draw during the lecture?			
Do you avoid listening when difficult information is presented?			
Do you condense main ideas rather than write in complete sentences?			
Do you use abbreviations?			
Do you daydream during lectures?			
Do you separate main ideas from examples and other secondary information?			
Do you make notation in your notes for information you do not understand?			
Do you attempt to control distractions around you?			
Do you try to determine the organization of the lecture?			
Do you review your notes after class each day?			
Do you understand your notes when you begin preparing for an exam?			

