

Exam Preparation Self-Assessment

	Always	Sometimes	Never
Do you determine what content is to be covered before you begin studying?			
Do you set goals for what you hope to accomplish each time that you study?			
Do you set aside sufficient time to prepare for each exam?			
Do you develop a study plan over a number of days?			
Do you identify the specific study strategies you will use in each of your study sessions?			
Do you study in groups?			
Do you use study strategies other than rehearsal (i.e., reading over notes, underlining content in textbooks, etc.)?			
Do you review your mistakes on past exams?			
Do you write questions to write while studying?			
Do you combine information from your lecture notes and texts together according to themes or topics when you study?			

