How to Share Your Screen in Microsoft Teams

In Microsoft Teams, you can show your desktop, a specific app, a whiteboard, or a presentation in a meeting.

1. Select Share content ▲ and choose if you want to share your computer audio.
2. Select what you want to share:
   - Screen lets you show everything on your screen.
   - PowerPoint Live lets you share a PowerPoint presentation.
   - Microsoft Whiteboard and Freehand by Invision lets you share a whiteboard where participants can sketch together.
   - Window lets you share an open window like a specific app you have open.
3. After you select what you want to show, a red border surrounds what you're sharing. Meeting participants won't see any notifications that might come in.
4. Select Stop sharing to stop showing your screen.