

# Know Your Rights

## Pregnant or Parenting? Title IX Protects you from Discrimination at School

Title IX is a Federal civil rights law that prohibits discrimination on the basis of sex—including pregnancy and parental status—in educational programs and activities.

Information below is from the U.S Department of Education-Office of Civil Rights  
<https://www2.ed.gov/about/offices/list/ocr/docs/dcl-know-rights-201306-title-ix.pdf>

### Here are some things you should know about your rights:

#### Classes and School Activities

- You have the right to continue participating in classes and extracurricular activities even though you are pregnant.
- You are not required to submit a doctor's note unless stated otherwise by your school or institution.
- You have the right to be provided with reasonable adjustments and accommodations when necessary because of your pregnancy.



#### Excused Absences and Medical Leave

- Absences are excused due to pregnancy or childbirth as long as your medical provider says it's necessary.
- You should be provided an opportunity to make up any work missed while you were out.
- An instructor may not refuse to allow you to submit work after a deadline you missed because of pregnancy or childbirth. This goes for participation or attendance credits you didn't have a chance to earn, as well.
- Pregnant students are to receive the same special services as other students with temporary medical conditions.
- While pregnancy itself isn't a disability, some pregnancy-related conditions—like gestational diabetes or pre-eclampsia—may qualify as disabilities. Students experiencing these conditions can contact the UWM Accessibility Resource Center (ARC) for assistance.



#### Helpful Tips for Pregnant and Parenting Students

Ask for help—meet with the Title IX Coordinator or regarding what can be done to support you in continuing your education.

Keep notes about your pregnancy-related absences, any instances of harassment and your interactions with school officials about your pregnancy, and immediately report problems to the Title IX Coordinator, and/or other university staff you feel comfortable with.

### [UWM Campus Resources and Support for Pregnant and Parenting Students](#)

[UWM Title IX Office](#)  
[The Student Parent Success Program](#)  
[UWM Women's Resource Center](#)  
[UWM Lactation Rooms](#)  
[UWM Children's Learning Center](#)