

Grecia, Costa Rica • info@acce.co.cr

Itinerary for the Spanish Program for Social Workers.

Thursday, January 2nd to Saturday, January 18th, 2020 in Costa Rica.

Week # 1

Thursday, January 2nd	<ol style="list-style-type: none"> 1. Arrive to Juan Santamaria Int'l Airport, San Jose, Costa Rica 2. Transport to "Tico" host families' homes or villas in Grecia.
Friday, January 3rd	<ol style="list-style-type: none"> 1. 9:00 am. Walking tour of Grecia, visit the market and most important places around town. 2. Initial orientation to the overall program. 3. Placement test
Saturday, January 4th	Half-day excursion to La Paz Waterfall Gardens. Includes lunch, tour guide and transportation.
Sunday, January 5th	Full day tour to San José down town and a visit to poor neighborhoods
Monday, January 6th	<ol style="list-style-type: none"> 1. Morning: Dance class. <u>Styles:</u> salsa, merengue and cumbia! 2. 11:00 am. Latin cuisine cooking classes at the villas. (optional, sign up if you want participate). "Comemos lo que cocinamos!" 3. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes. 4. Night: Homework and free time
Tuesday, January 7th	<ol style="list-style-type: none"> 1. Morning: <u>Conference # 1.</u> <u>Guest Speaker:</u> Professor M.L. Diego Álvarez Alfaro from the University of Costa Rica. Masters in Central American Culture. <u>Theme:</u> Costa Rica: An overview of the country and culture. 2. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes. 3. Night: Homework and free time
Wednesday, January 8th	<ol style="list-style-type: none"> 1. Morning: Depart from ACCE to Cuidados Paliativos in Grecia. Director: Adriana González. <u>Description of the place:</u> Cuidados Paliativos is an institution that takes care from a clinical and humanistic perspective the medical and emotional situations of patients that are in a terminal stage as well as their families. <u>Description of the activity:</u> The students from ACCE will receive a small overview of the agency. The main topics will be: the kind of organization, financing, work system, therapies, weaknesses and strengths of the program, and future projects, as well as their relation with the CCSS (Caja Costarricense de Seguro Social) 2. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes. 3. Night: Homework and free time
Thursday, January 9th	<ol style="list-style-type: none"> 1. Morning: <u>Conference # 2.</u> <u>Guest Speaker:</u> Professor Marcos Chinchilla from the School of Social Work, University of Costa Rica.

	<p><u>Theme:</u> Social work in Costa Rica (organizations and systems) Coffee Break with snacks (20 minutes) <u>Conference # 3.</u> <u>Guest Speaker:</u> Professor Marcos Chinchilla <u>Theme:</u> Social Work in Latin America</p> <p>2. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes. 3. Night: Homework and free time</p>
Friday, January 10th	<p>4. Morning: Depart from ACCE to Kayros in Grecia. Director: Ana Delfina Quesada. <u>Description of the place:</u> Kayros Foundation in an institution which main purpose is to develop scientific and updated programs that are committed with the human dignity in the drug dependency ambit. <u>Description of the activity:</u> The students from ACCE will receive a small overview of the agency. The main topics will be: objectives of the organization, financing, work system, therapies, weaknesses and strengths of the program, and future projects.</p> <p>5. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes. 6. Night: Homework and free time</p>
Saturday 11th - Sunday 12th	Weekend excursion to Manuel Antonio National Park and beach area

Week # 2

Monday, January 13th	<p>1. Morning: Volunteer work in a poor community 2. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes. 3. Night: Homework and free time</p>
Tuesday, January 14th	<p>1. Morning: Depart from ACCE to MUSADE (Mujeres Unidas en Salud y Desarrollo) in "San Ramón". Director: Enid Cruz. <u>Description of the place:</u> MUSADE is an organization that offers aid for women who have suffered from any kind of domestic violence. This organization also works with teenagers and the elderly people who have suffered the same problem. <u>Description of the activity:</u> First, the students from ACCE will receive an overview of the program; by the director of the program. The main topics will be: the kind of organization, financial, actual population, work system, therapies, weaknesses and strengths of the program, and future projects, as well as their relation with the INAMU (Instituto Nacional de la Mujer). Then we will have some time for asking questions. After the question segment we will have a time for a coffee break. During the coffee break you will have the opportunity to talk to some of the women who attend this program and share their experiences and thoughts. Farewell!</p> <p>2. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes. 3. Night: Homework and free time</p>
Wednesday, January 15th	<p>1. Morning: <u>Conference # 4.</u> <u>Guest Speaker:</u> Miriam Pineda Theme: PANI (Child Welfare) will talk about the Organization of Child Protection services in Costa Rica. 2. Afternoon: 2:00 pm. to 5:00 pm. Spanish classes.</p>

	3. Night: Homework and free time
Thursday, January 16th	<p>1. Morning: 7:30 am. Depart from ACCE to the prison Centro Institucional Gerardo Rodríguez Echeverría. This jail is for people who have 10 years or less to deduct. The capacity of the center is 614 people but there are about 1,171 people. Director: MSC William Pérez Montero, Social Worker: Lic. Gelen Jiménez Barrantes.</p> <p>2. Afternoon: 2:00 pm. – 5:00 pm. Spanish classes.</p> <p>3. Night: Homework and free time.</p>
Friday, January 17th	<p>1. Morning: Sarchí (artisanal town) shopping tour (free and optional)</p> <p>2. Afternoon: 2:00 pm. – 5:00 pm. Spanish classes</p> <p>3. Final presentations and farewell celebration at school villas</p>
Saturday, January 18th	Departures

Enjoy your stay!