

MICHELLE KING RIMER MS, MPH, RD

608.642.2749 · michellerimer@icloud.com

UNIVERSITY TEACHING EXPERIENCE

- Assistant Clinical Professor** Present
Nutritional Sciences Undergraduate Program
MPH-Nutrition and Dietetics Program
University of Wisconsin-Milwaukee, Milwaukee, WI
- Adjunct Faculty** 2018-Present
Carroll University, Waukesha, WI
- Develop and deliver in-person, hybrid and online courses that engage students and align with public health and exercise science program goals and objectives.
 - Public Health Policy and Administration
 - Nutrition and Health
- Assistant Clinical Professor/Adjunct Faculty** 2016-2019
University of Wisconsin-Milwaukee, Milwaukee, WI
- Develop and deliver in-person, hybrid and online courses aligning with Nutritional Sciences program goals and objectives including:
 - Introduction to Food Principles and Preparation
 - Food Science
 - Advanced Nutrition and Metabolism
 - Nutrition and Disease
 - Modifying Nutrition and Eating Behavior
 - Engage and mentor students
 - Participate in shared governance committees at the programmatic, departmental, collegiate and university-level.
- Dietetics Department Chair and Graduate Program Director** 2019
Mount Mary University-Milwaukee, WI
- Lead the dietetics department and graduate program including the reorganization of the program to become an accredited FEM program.
- Adjunct Faculty** 2013- 2014
Lenoir Rhyne University, Hickory, NC
- Designed and taught the following courses using an online and/or hybrid format:
 - Human Nutrition
 - Sports Nutrition
- Director of Solmaz Institute on Obesity/Faculty** 2009-2013
Lenoir Rhyne University, Hickory, NC
- Developed, obtained and maintained accreditation of the first dietetic internship in the Nation with a concentration in Childhood and Adolescent Weight Management.
 - Pioneered the development and launched an interdisciplinary obesity prevention institute driven by the principles of service learning.

- Administered endowment, program budget, policies, strategic planning, and quality improvement.
- Mentored, encouraged, and supported a diverse student body of 20 dietetic interns and 30 students from nursing, occupational therapy, community health, master of public health, and exercise science annually.
- Designed and taught the following courses in the classroom and/or online or hybrid:
 - Healthy Living
 - Human Nutrition
 - First Year Experience: Grits, Fatback and the Evolution of Obesity
 - Public Health 101
 - Sports Nutrition
 - Nutrition 525: Principles of Dietetic Practice
 - Nutrition 551 and 552: Practicum
 - Nutrition 570: Dietetic Internship Capstone
- Coordinated and supervised interdisciplinary learning, internships and clinical experiences through the Solmaz Institute on Obesity.
- Served as key faculty member, appointed to numerous committees by University President including Multicultural Affairs Committee, Health Science Expansion Task Force, MPH Advisory Committee, Campus Environmental Committee, Chair of the Reece Institute for the Conservation of Natural Resources and numerous faculty search committees.

PROFESSIONAL EXPERIENCE

- Senior Executive Y Health** 2019- Present
Metropolitan Milwaukee YMCA, Milwaukee, WI
- Develop and manage wellness services for corporate and community partners.
- Owner/Director** 2015-Present
MKR Consulting, Pewaukee, WI
- Provides consultation services focusing on program development, collaborative solutions, relationship building, and stakeholder engagement.
- Business/Physician Relationship Manager** 2014-2015
Frye Regional Medical Center, Hickory, NC
- Leads the development, marketing and operational implementation of employer health solutions.
- Vice President of Client Solutions/Wellness Consultant** 2011-2014
Discover Wellness, Hickory, NC
- Developed, launched and grew this innovative evidenced based worksite wellness company.
- Director of Solmaz Institute on Obesity/Faculty** 2009-2014
Lenoir Rhyne University, Hickory, NC
- Director of Child Nutrition** 2004-2009
Mount Horeb Area School District, Mount Horeb, WI
- Responsible for planning, implementing and evaluating all aspects of the Child Nutrition Program.
- Assistant Food and Nutrition Coordinator** 2004
Middleton-Cross Plains Area School District, Middleton, WI
- Responsible for creating a new employee training program, procuring food and equipment, and assuring compliance with food sanitation standards.
- Health Education Coordinator** 2003-2004
Lands' End, Dodgeville, WI
- Coordinated best-in-class health improvement strategies to engage employees in wellness activities and positive behavior change.
- Public Health Nutritionist and Diabetes Program Coordinator** 2002-2003
Tuba City Regional Health Care Corporation, Tuba City, AZ
- Coordinated and taught the Diabetes Prevention Program, provided in-services to staff, developed educational materials, developed long-range plans and objectives, developed community and school-based activities which promoted nutrition and physical activity, led development of school and hospital nutrition policy.
- Clinical Nutritionist Assistant** 2002
Morrison's Health Care Services, Knoxville, TN

EDUCATION

Graduate

University of Tennessee, Knoxville, TN 2000-2002
M.P.H., Health Policy and Administration
M.S., Nutrition
Dietetic Internship

Undergraduate

University of Wisconsin, Madison, WI 1995-1999
B.S., Dietetics

LICENSURES AND CERTIFICATIONS

Certified Dietitian in the State of Wisconsin 2016-Present
Blue Cross Blue Shield of NC Credentialed Provider 2013-Present
Certified in Child and Adolescent Weight Management 2007-Present
Licensed as a Registered Dietitian 2003-Present
Licensed Dietitian in the State of North Carolina 2009-2016
Certified Dietitian in the State of Wisconsin 2006-2010
Certified Professional Food Manager 1998-2009

SELECT PROFESSIONAL AND CIVIC ENGAGEMENT

American Dietetic Association, Affiliate Member 1999-Present
Academy of Nutrition and Dietetics, House of Delegates 2014-2015
Catawba County Health Partners, Board Member 2014-2015
Catawba County Eat Smart Move More, Leadership Team 2010-2015
Hickory Foundation YMCA, Board Member 2010-2015
Western Dietetic Area Association, Secretary 2012-2013
Wisconsin Partnership for Activity and Nutrition 2009
School Nutrition Association, Affiliate Member 2005-2009
Graduate Student Nutrition Association, President 2000-2002

AWARDS AND FELLOWSHIPS

The University of Tennessee, Knoxville
Maternal and Child Health Public Health Nutrition Traineeship
Ruth Huennemann Fellowship in Public Health Nutrition
Jan Savage Scholarship

The University of Wisconsin, Madison
School of Agriculture and Life Sciences Scholarship

SELECT PRESENTATIONS

<i>“Insights on Presenting the Value of Your Services”</i> Wisconsin Women’s Health Foundation, First Breath Annual Meeting	2016
<i>“A Conversation about Women’s Heart Health”</i> Catawba County Women’s Leadership Conference	2015
<i>“How Women Influence Worksite Wellness”</i> Catawba County Women’s Leadership Conference	2014
<i>“Like Mother, Like Daughter”</i> Wisconsin Women’s Health Foundation, Annual Dialogue	2012
<i>“Growing a Farm-to-School Program”</i> Wisconsin School Nutrition Association Fall Conference, Madison, WI	2009
<i>“Connecting Your School’s Wellness Policy and Local Foods”</i> Wisconsin Partnership for Activity and Nutrition: Wellness is Local Summit, Stevens Point, WI	2009
<i>“Taking Your Nutrition to Heart”</i> Wisconsin Women’s Health Foundation Badger Heart Conference, Wausau, WI	2008

RESEARCH

Assessment of continuing education needs of Master’s Level Public Health Nutritionists in the Eight South Eastern States University of Tennessee, Knoxville	2000-2002
Assessment of services for adolescents with Type II Diabetes Milwaukee, Wisconsin	2001
Kahnawake Diabetes Prevention Project-data analysis. University of Wisconsin Medical School, Madison	2000
Planned and facilitated an adolescent obesity and diabetes screening, analyzed data and made recommendations for culturally appropriate nutrition interventions. Great Lakes Inter-Tribal Council, Lac du Flambeau, WI	2000
Qualitative data collection through one-on-one interviews and focus groups. Women and Mental Health Study Site of Dane County University of Wisconsin School of Social Work, Madison	1999
Data collection and analysis of Jump and Jive, pilot nutrition program. Independent study: Public Health Nutrition University of Wisconsin Extension, Madison	1999

