

Stephanie R. Send, MS, RDN, LDN, CNSC

CURRENT POSITION:

Clinical Assistant Professor June 2023- Present
Nutritional Sciences Undergraduate Program
MPH-Nutrition and Dietetics Program
University of Wisconsin- Milwaukee, Milwaukee, WI

ADDITIONAL PROFESSIONAL EXPERIENCE:

Advanced Dietitian March 2020- May 2023
Nutrition Support Team, Clinical Nutrition
Northwestern Memorial Hospital, Chicago, IL

Adjunct Faculty August 2019-June 2023
Parkinson School of Health Sciences and Public Health
Loyola University Chicago, Maywood, IL

Senior Clinical Dietitian August 2016-March 2020
Food and Nutrition Services
Rush University Medical Center, Chicago, IL

Instructor, Clinical Nutrition August 2016-March 2020
Rush University, Chicago, IL

EDUCATION:

<u>Date</u>	<u>Degree</u>	<u>Institution</u>	<u>Major Field</u>
2016	MS	Rush University	Clinical Nutrition
2013	BS	Michigan State University	Dietetics

Thesis title: *The Impact of a Low-Carbohydrate, High-Fat Modified Ketogenic Diet on Seizure Severity, Seizure Frequency, and Quality of Life in Adult Patients with Epilepsy*

CERTIFICATIONS:

Certified Nutrition Support Clinician (CNSC)	2017 – Present
Registered Dietitian/Nutritionist (RDN) #86058249	2016 – Present
Licensed Dietitian/Nutritionist, Illinois (LDN) #164006869	2016 – Present

PROFESSIONAL ORGANIZATION MEMBERSHIP/COMMITTEES & ACTIVITIES:

<u>Date</u>	<u>Organization</u>
2019-Present	Dietitians in Nutrition Support (DNS) Practice Group <i>Sponsorship Elect 2023</i> <i>Website Coordinator 2021-2023</i> <i>Involvement in YouTube content for DNS</i>
2016 – Present	Chicago Area Society for Parenteral and Enteral Nutrition (C.A.S.P.E.N.) <i>President 2020-2021</i> <i>President Elect 2019-2020</i> <i>Program Committee Co-Chair 2017-2018, 2018-2019</i>
2016 – Present	American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.) <i>ASPEN Self Assessment Committee 2019-2021</i>
2013 – Present	Academy of Nutrition and Dietetics (AND)

PUBLICATIONS AND ABSTRACTS:

Send S. Cultural Competence and Nutrition-focused Physical Exam. *Support Line*. Volume 45, Issue 2. April 2023

Send S. Nutritional Management of the Transgender Patient. *Support Line*. Volume 42, Issue 1. February 2020.

Send S. Nutritional Management of Cholestasis. *Clinical Liver Disease*. Volume 15, Issue 1. January 2020.

Send S, Elliston M, Peterson S. Prevalence of CT-Defined Sarcopenia and Predictors of Length of Stay in Patients Undergoing Whipple Procedure. ASPEN Nutrition Science and Practice Conference, American Society of Parenteral and Enteral Nutrition, *Tampa, FL*. (submitted to be presented in March 2020, conference cancelled)

Send S, Elliston M, Peterson S. Impact of post-operative nutrition status and inadequate caloric delivery on hospital readmission in patients status post Whipple procedure. Food and Nutrition Conference and Exposium, Academy of Nutrition and Dietetics, *Philadelphia PA*. (October 2019)

Chau L, Ribbens, N, Wallace B, Nowak K, Roehl K, **Send S,** Hartney C. Determining Standards of Use in Premized Versus Individually Compounded Parenteral Nutrition Solutions Amongst Greater Chicago Area Hospitals. Rush Research Forum, Rush University Medical Center, *Chicago, IL*. (March 2019)

Send S, Klemp L, Peterson S, Sowa D. Disagreement between Registered Dietitian and Medical Provider in Identifying Malnutrition Among Hospitalized Patients. Food and Nutrition Conference and Exposium, Academy of Nutrition and Dietetics, *Chicago, IL*. (October 2017)

Schuchmann C, Nurko I, Rasmussen H, Roehl K, Tangney C, **Send S,** Maruschak K, Chakradeo P, Keshavarzian A, Balabanov A. Impact of a Modified Ketogenic Diet on Seizure Activity, Biochemical Markers, Anthropometrics, and Gastrointestinal Symptoms in Adults with Epilepsy. Experimental Biology, American Society of Nutrition, *Chicago, IL*. (April 2017)

Cerwinske L, Peterson S, Coltman A, DePrenger M, **Send S,** Sowa D. Development of a Novel Screening Method. Clinical Nutrition Week, American Society of Parenteral and Enteral Nutrition, *Orlando, FL*. (February 2017)

Send S, Peterson S, Coltman A, DePrenger M, Sowa D. Agreement Between RD and RD Assessment of Functional Status. Clinical Nutrition Week, American Society of Parenteral and Enteral Nutrition, *Austin, TX*. (January 2016)

PROFESSIONAL PRESENTATIONS:

Improving Clinical Dietitian Knowledge of Parenteral Nutrition; Northwestern Memorial Hospital, Chicago, IL; July 2022

Nutrition Support in the Critical Care Setting; Loyola University, Maywood, IL; March 2020

Nutritional Needs of the Acute and Critically Ill Patient; Rush University, Chicago, IL; September 2018/September 2019

Advanced Nutrition Care 2 (various lectures); Rush University, Chicago, IL; June/July 2018, June/July 2019

Advanced Nutrition Care 3 (various lectures); Rush University, Chicago, IL; November 2018

Gastrointestinal Disorders and Nutrition; Loyola University, Maywood, IL; November 2017

COURSE PRECEPTING:

<u>Date</u>	<u>Title</u>	<u>Organization</u>
2016-2020	Preceptor – Dietetic Interns Critical Care Rotation GI/Surgery Rotation Nutrition Communications Rotation	Rush University Medical Center

MASTERS DEGREE STUDENT THESIS COMMITTEES

<u>Date</u>	<u>Student</u>	<u>Thesis Title</u>
April 2019	Lydia Chau	Outcomes in Patients Receiving Diet Therapy for the Management of Epilepsy
April 2018	Julia Kulik	The Effects of a Low-Carbohydrate, High-Fat Modified Ketogenic Diet on Seizure and Quality of Life Outcomes among Adults with Epilepsy
April 2018	Lauren Fieldhouse	The Effects of a Low-Carbohydrate, High-Fat Modified Ketogenic Diet on Anthropometric and Biochemical Outcomes among Adults with Epilepsy

MASTERS DEGREE STUDENT MANAGEMENT PROJECT COMMITTEES

<u>Date</u>	<u>Student</u>	<u>Thesis Title</u>
April 2019	Brenna Wallace Neltje Ribbens Lydia Chau	Determining Standards of Use in Premixed versus Individually Compounded Parenteral Nutrition Solutions Amongst Greater Chicago Area Hospitals
April 2019	Michelle Elliston	Nutrition Knowledge and Readmission Rates and Complications Following Gastrointestinal Surgeries
April 2018	Julia Kulik Katie Weaver Sara Rosenblum	Increasing Prevalence of Malnutrition Documentation among Adult Patients Admitted to Rush University Medical Center