

UNIVERSITY OF WISCONSIN - MILWAUKEE
COLLEGE OF HEALTH SCIENCES

DEPARTMENT OF
KINESIOLOGY

BACHELOR OF SCIENCE in KINESIOLOGY
and
KINESIOLOGY MINOR
STUDENT HANDBOOK

For students beginning the program on or after September 6, 2016

Approved 3.11.16

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DEPARTMENT OF KINESIOLOGY

1. KINESIOLOGY MAJOR AND PROGRAM DESCRIPTION

Students majoring in Kinesiology study the social, behavioral, mechanical, and physiological principles of human movement. Kinesiology students are the future health and fitness providers who use preventative and rehabilitative intervention techniques in commercial health/fitness clubs, community fitness centers, corporate/industrial fitness facilities, and clinical agencies with specialization in cardiac/pulmonary rehabilitation. Those students wishing to go in to these settings require hands-on skills and practice to propel them in their future careers. The Kinesiology major with the Health Promotion track will give these students the skills needed to do so. This track still allows students the flexibility to complete a minor or certificate making it ideal for those with particular interests. For instance, the student could acquire a business minor in preparation of entering the job market at a supervisory/administrative level, which should provide a fast track to management within health and fitness facilities, community fitness centers, and with entrepreneurial ventures.

Many careers in Kinesiology require post baccalaureate and continuing education for practice. The Kinesiology major with the Exercise Science track can be tailored to prepare individuals seeking specialized future careers in the allied health/movement science fields, such as physical therapy, exercise physiology, athletic training, or chiropractic care, as well as the medical field in areas such as nursing, physician assistant, or medicine.

Requirements for Employment, Licensing, or Professional Organizations: Students should be aware that some professions, occupations, and employers are subject to licensing and/or bonding requirements. When a course of study includes clinical or field training, practice teaching, internships, or the like, students may be subjected to a check of criminal conviction records, prior to acceptance of a student by the placement site. Students are responsible for obtaining the information necessary for them to become knowledgeable about these requirements and plan their studies accordingly. Please contact the appropriate department or program office for further information.

The undergraduate program in the Department of Kinesiology is a four-year curriculum leading to a Bachelor of Science degree in Kinesiology. The program has two tracks, Health Promotion and Exercise Science. Both tracks consist of foundational studies, lab classes, and professional preparation leading to the completion of 120 credits for the Bachelor of Science degree. Students who complete the Kinesiology major will be able to:

1. Summarize and apply theoretical and scientific knowledge from the Kinesiology sub disciplines of biomechanics, exercise physiology, motor behavior, as well as the sociological and psychological aspects of physical activity, health and sport;
2. Describe, from a multidisciplinary approach, the value and benefits of all forms of physical activity and a healthy lifestyle;
3. Apply Kinesiology related skills to real-world problems through empirical research, course work, internships, field experience, and/or service learning;
4. Demonstrate the ability to access and interpret information, respond and adapt to changing situations, make complex decisions, solve problems, and evaluate actions;
5. Explain basic methods of research process and design;
6. Develop and design strategies to pursue individual interests, knowledge, and skills for educational and professional advancement and development;
7. Apply effective verbal, nonverbal, and media communication techniques;

8. Articulate a rationale for the inclusion of diversity and social justice in the study and practice/promotion of kinesiology; and
9. Demonstrate ethical standards, scope-of-practice and inter-professional/inter-disciplinary collaboration.

Admission and progression criteria (including curricular requirements) for the BS Kinesiology Program are subject to change as of the publication date of this catalog. Please contact the Office of Student Affairs, NWO Building B, 6th Floor, 414-229-2758, for the most current information.

SECTION 1.1: DEFINITIONS

The following definitions are meant to provide clarification throughout the document. These terms have special meaning and may be viewed as unique to the program.

- 1.1.1 General Education Requirements (GERs). General courses usually taken in the first two years. <http://www4.uwm.edu/academics/undergradcatalog.cfm?u=AcademicInfo.html#CM>
- 1.1.2 Kinesiology foundations coursework. Generally acquired during the first two years of the undergraduate Kinesiology major. Kinesiology Foundations courses include:
 - KIN 200. Introduction to Kinesiology
 - KIN 270. Statistics in the Health Professions: Theory & Practice
 - BIO SCI 202. Anatomy & Physiology I
 - BIO SCI 203. Anatomy & Physiology II
 - CHEM 100. Chemical Science
 - COMMUN 103. Public Speaking
 - ENGLISH 207. Health Science Writing
 - NUTR 235. Introduction to Nutrition for the Health Professions
 - PHYSICS 120. General Physics I
 - PSYCH 101. Introduction to Psychology
 - SOCIOL 101. Introduction to Sociology
 - SPT&REC 110-192. Physical Activity
 - SPT&REC 292-298. Physical Activity
- 1.1.3 Kinesiology core coursework. A set of courses which include the movement science sub-disciplines and professional courses taught within the Department. These courses include the essential core knowledge needed for graduate school, professional programs, and careers in Kinesiology-related areas. Kinesiology core courses include:
 - KIN 300. Professional Preparation Seminar (formerly KIN 488)
 - KIN 320. Biomechanics
 - KIN 330. Exercise Physiology
 - KIN 350. Psychological Aspects of Sport and Exercise
 - KIN 351. Sociological Aspects of Health and Human Movement
 - KIN 360. Motor Development across the Lifespan (formerly KIN 460)
 - KIN 361. Principles of Motor Learning (formerly KIN 461)
 - KIN 400. Ethics and Values in the Health and Fitness Professions

- 1.1.4 Fieldwork. Paid or volunteer experience in the field which is accumulated prior to internship and not associated with specific course requirements.
- 1.1.5 Internship. Supervised, structured capstone experience students engage in during the final semester of their undergraduate program. Utilizing this option to fulfill the capstone experience prepares a student to enter the workforce immediately upon completion of the undergraduate program.
- 1.1.6 Correlate courses. A list of courses which have been approved by the Department because they either contribute directly to the educational foundation or are complementary to the focus of the major. In general, these are specialized courses within a discipline that serve to augment students' educational development and which are **clearly in line with the student's career goals (e.g., Biochemistry; Advanced Nutrition; Neurophysiology)**.
- 1.1.7 Good standing. Students are considered to be *in good standing* if they are academically eligible and have had no academic disciplinary actions imposed against them.
- 1.1.8 Academic misconduct. Student academic misconduct procedures are specified in UWS Chapter 14 and the UWM implementation provisions (Faculty Document 1686).
<http://www4.uwm.edu/dos/conduct/academic-misconduct.cfm>

SECTION 1.2: TRANSFERRING TO UWM

Students who transfer to UWM are subject to the program requirements at the time of admission.

- 1.2.1 Transfer of credits. While the University Registrar will review academic transcripts and perform pre-approved department course-for-course transfers, the Department of Kinesiology reserves the right to modify transfer requests. Course transfers may be rejected if grades are below acceptable levels (i.e., **below "C" for core pre-requisite/core courses**) or if courses were taken more than 7 years ago.
- 1.2.2 Course substitutions. Students may appeal for course substitution consideration if content of a course taken previously is significantly similar to a program requirement. Such appeals are subject to review by the BS Kinesiology Program Director and the primary faculty in the specific area. Course syllabi will be necessary for documentation.

SECTION 1.3: ADMISSION TO MAJOR

- 1.3.1 Admission requirements. In order to achieve admission to the program and be eligible for enrollment in the Kinesiology core courses, the following admission criteria must be satisfied:
 - 1. 2.5 cumulative GPA;
 - 2. Minimum grade of C in the following foundations Courses:
 - a. KIN 270. Statistics in the Health Professions: Theory & Practice
 - b. BIO SCI 202. Anatomy and Physiology I
 - c. BIO SCI 203. Anatomy and Physiology II
 - d. CHEM 100. Chemical Science
 - e. PHYSICS 120. General Physics I; and
 - 3. **Completion of UWM's General Education Requirements.**

- 1.3.2 Admissions process. The program accepts applications for admission every fall and spring semester. Meet with your academic advisor every semester to identify the best time for you to apply. Additional information on the admissions process **can be found on the program's website**.

NOTE: Admission and progression criteria (including curricular requirements) for the BS Kinesiology Program are subject to change. Please contact the Office of Student Affairs, NWQB 6425, (414) 229-2758, for the most current information.

SECTION 1.4: ACADEMIC REQUIREMENTS

- 1.4.1 General Education Requirements (GERs). General courses usually taken in the first two years. <http://www4.uwm.edu/academics/undergraduatecatalog.cfm?u=AcademicInfo.html#CM>
- 1.4.2 Foundations requirements. Generally acquired during the first two years of the undergraduate Kinesiology major. Kinesiology Foundations courses include:
- KIN 200. Introduction to Kinesiology
 - KIN 270. Statistics in the Health Professions: Theory & Practice
 - BIO SCI 202. Anatomy & Physiology I
 - BIO SCI 203. Anatomy & Physiology II
 - CHEM 100. Chemical Science
 - COMMUN 103. Public Speaking
 - ENGLISH 207. Health Science Writing
 - NUTR 235. Introduction to Nutrition for the Health Professions
 - PHYSICS 120. General Physics I
 - PSYCH 101. Introduction to Psychology
 - SOCIOL 101. Introduction to Sociology
 - SPT&REC 110-192. Physical Activity
 - SPT&REC 292-298. Physical Activity
- 1.4.3 Kinesiology core. All students admitted to the BS Kinesiology program will complete the Kinesiology core requirements:

KINESIOLOGY CORE	
KIN 300. Professional Preparation Seminar	1
KIN 320. Biomechanics	3
KIN 330. Exercise Physiology	4
KIN 350. Psychological Aspects of Sport and Exercise	3
KIN 351. Sociological Aspects of Health and Human Movement	3
KIN 360. Motor Development Across the Lifespan	3
KIN 361. Principles of Motor Learning	3
KIN 400. Ethics & Values in the Health and Fitness Professions	3
Total credits	23

1.4.4 Kinesiology tracks. In addition to the Kinesiology core requirements, students will chose one (1) of the following tracks to follow:

EXERCISE SCIENCE TRACK	
Correlate Coursework Requirements	
3 credits KIN 300 - 599	
3 credits KIN 500 - 599	
12 credits from approved list	
Total	18

Total Program Credits	120
Kinesiology Core GPA	2.750
UWM Cumulative GPA	2.500

HEALTH PROMOTION TRACK	
Professional Skill Development Requirements	
<i>Grade of C or better required in HP courses for internship eligibility</i>	
KIN 301: Field Experiences in Kinesiology I	1
KIN 302: Field Experiences in Kinesiology II	1
KIN 303: Field Experiences in Kinesiology III	1
KIN 325: Anatomical Kinesiology	3
KIN 336: Principles of Strength and Conditioning	3
KIN 430: Exercise Testing for Fitness Assessment and Exercise Prescription	3
KIN 480: Organization and Administration in the Exercise and Fitness Industry	3
KIN 481: Program Development and Evaluation in the Exercise and Fitness Industry	3
Total	18

Internship & Seminar	
Kin 489: Kinesiology Internship & Seminar (480-560 hours)	12

Total Program Credits	120
Kinesiology Core GPA	2.750
UWM Cumulative GPA	2.500

1.4.3 Requirements for BS Kinesiology. Completion of all required courses, correlates/internship, and elective credits (120 minimum degree credits).

SECTION 1.5: COURSE COMPLETION POLICY

1.5.1 General Education Requirements (GER). The Department of Kinesiology has augmented the University GER requirements. By meeting the following, students will have satisfied both the University and Department general education requirements:

- 6 credits Humanities,
- 9 credits Social Sciences,
- 3 credits Fine Arts,
- 11 credits Natural Sciences,
- 3 credits Cultural Diversity (may be concurrently satisfied with other GER designated course),

- English proficiency, and
- Math score of 30 or higher and 3 credits of math (Math 105 or higher), **or a grade of “C” or better in Math 105 or higher (excluding Math 106 and 175).**

- 1.5.2 Foundations course repeat. Students admitted to the Kinesiology major are allowed to repeat no more than four Kinesiology foundations courses during their pursuit of the BS Kinesiology degree.
- 1.5.3 Core course repeats. Students admitted to the Kinesiology major are allowed to repeat no more than three Kinesiology core courses during their pursuit of the BS Kinesiology degree. Core course repeats must be taken at UWM. Core courses may not be repeated more than once.
- 1.5.4 Internship repeat policy. The Kinesiology Internship and Seminar (KIN 489) may not be repeated. Students who fail this course or are terminated from their internship may appeal to the BS Kinesiology Program Director (recommendation to Department for approval) for repeat approval. A student who recognizes a problem in the internship prior to the sixth week may, upon approval of internship supervisor, withdraw from the internship and be allowed to repeat the course/internship during the following semester, provided an internship site is available. If the student withdraws a second time, he/she must appeal to the Department of BS Kinesiology Program Director for consideration of possible re-enrollment for a third time in the Kinesiology Internship and Seminar (KIN 489).
- 1.5.5 Acceptance of outdated credits. Due to the constant evolution of scientific research, Kinesiology Core credits that were completed more than 7 years prior to graduation will be considered outdated and not eligible to satisfy requirements for the baccalaureate degree.
- 1.5.6 Residency requirement. In accordance with the College of Health Science policies regarding degree completion (http://www4.uwm.edu/academics/undergradcatalog.cfm?u=SC/C_CHS.html#regulations), the last 30 credits of the Kinesiology degree must be completed in residence at UWM. Second degree candidates must complete at least 30 credits in residence beyond what was required for the previous degree.

SECTION 1.6: INTERNSHIP

As part of the undergraduate degree requirements for the Health Promotion Track of the Bachelor of Science in Kinesiology, an internship (KIN 489) is required. The internship, 12 credits, is used to enhance educational opportunities and preparedness for entering the workforce. The internship requirement can only be met by the completion of a 16-week, 34-hour per week work-study experiential program. For students interested in a research internship, the internship may be completed over two semesters. In this case, the internship experience would typically be a 17-hour per week commitment over these two semesters.

1.6.1 Admission to internship

- 1.6.1.1 Requirements for internship. The following requirements must be met before enrolling in the Kinesiology Internship and Seminar (KIN 489):
1. Completion of all other curriculum requirements;
 2. A 2.5 or greater cumulative GPA;

3. A 2.75 or greater cumulative GPA for all Kinesiology Core requirements (KIN 300, 320, 330, 350, 351, 360, 361 and 400);
4. A C or greater in all Health Promotion track Professional Skill Development requirements;
5. Verification of 100 hours of post-high school paid or volunteer work experience in the health/fitness field; and
6. Verification of First Aid/CPR certification.

Students should be aware that the Kinesiology Internship and Seminar (KIN 489) course requires a full-time (34 hours per week for traditional one semester internship; 17 hours per week for research internship across two semesters) commitment for 16 weeks.

1.6.1.2 Course work in conjunction with internship. Students may petition to enroll in Kinesiology Internship and Seminar (KIN 489) in conjunction with no more than one undergraduate course up to 4 credits. The BS Kinesiology Program Director and the Internship Site **Supervisor, prior to the student's official site "declaration," must approve enrollment in** course work beyond the Kinesiology Internship and Seminar (KIN 489).

1.6.1.3 Contingency for two-semester internship. For students completing the two-semester research internship in Kinesiology, the following two criteria must be met:

- Must be within 32 credit hours of graduation (including internship credits), and
- May be limited to 9 credits of coursework each semester while completing internship requirements.

NOTE: Kinesiology students interested in pursuing a research internship should meet with the BS Kinesiology Program Director during their junior year to plan for the two-semester, research internship.

1.6.2 Intern responsibilities

1.6.2.1 Background checks. Students are subject to a Criminal Background Check. Failure to comply will result in ineligibility for internship placement. A criminal history may result in an inability to successfully obtain an appropriate internship placement.

1.6.2.2 Health and accident insurance. Health and accident insurance is not provided to students by the University of Wisconsin-Milwaukee or by the agency in which the student is placed as part of a clinical rotation, fieldwork, field training, or to meet internship requirements. It is advisable that the student maintains 1) appropriate personal health insurance and 2) **adequate auto insurance coverage for the student's vehicle, as there may be requirements** to travel between sites.

1.6.2.3 Liability insurance. Any student enrolled at a UW-System campus, represents the University and the state of Wisconsin in the performance of all duties associated as part of professional training placements and, therefore, students acting in such roles are protected under the State of Wisconsin program of Self-Insurance for Liability Protection. If a liability action should arise from the performance of responsibilities as assigned as part of the student field

placement, protection for that action would be provided by statute and, if need be, the **student would be defended by the State of Wisconsin Attorney General's Office**. This coverage is meant to include only those situations in which the student is performing duties related to the professional training placement. In cases where students are employed by the agency in which they are placed, and the employment is part of the University learning experience leading toward a degree or a certification, the University does not provide liability coverage to the student for acts or omissions which may lead to suit.

The UWM Risk Management Office encourages all students to carry personal insurance policies that provide protection in the event of a personal injury and/or damage to or theft **of personal possessions**. Neither UWM's College of Health Sciences nor the state of Wisconsin provides such coverage to the student. It is recommended that the student, while acting in clinical placement, not transport clients, patients, agency staff, or students in personal vehicles.

1.6.2.4 Proof of vaccination. Interns may be asked to provide proof of vaccination in accordance with internship site policies and procedures. Non-compliance could result in termination of the internship agreement.

1.6.2.5 Drug testing. Interns may be subject to random and reasonable drug testing in accordance with internship site policies and procedures. Non-compliance and/or positive results could result in immediate termination of the internship and expulsion from the program.

1.6.2.6 Labor disputes and the intern. Student interns are not allowed to replace staff during the course of the internship. The Department of Kinesiology at UWM depends on agencies outside the University for training and enhancing the student experience. When work or appropriate supervisor stoppage occurs in an agency in which a student is placed, it is **Department policy that the student's welfare and education be placed above all else**. In the event of a labor action/dispute that results in a cooperating supervisor not being available to **directly supervise a student, it is the Department supervisor's responsibility to act on** behalf of the student and temporarily remove the student from that placement pending the resolution of the labor action/dispute. If the labor dispute/job action should continue for an extended period of time, the University will at that point review alternatives for the student involved and likely work to identify a suitable alternative site.

1.6.3 Internship placement contingencies

1.6.3.1 Internship placement contingencies. The placement of students into internship assignments is a complex process often requiring a month or more lead time for negotiating Affiliation Agreements and assigning supervisory responsibility within the agency. Final grades of students are often not posted prior to the mailing of a Program Memorandum. (The Program Memorandum serves as a contract by which the agency supervisor assures the University of his/her willingness to abide by the policies and procedures established for the internship, and act in a manner to insure appropriate learning experiences for the student during the internship.)

- 1.6.3.2 Discovery of student ineligibility prior to initiation of agency contracts. When a student is about to be placed into an internship, and it is discovered that the student does not qualify for the internship based upon the internship admission requirements, the internship will be postponed until such time when the student meets the established criteria.
- 1.6.3.3 Discovery of student ineligibility after initiation of contracts. Once an internship contract is established and Program Memorandum approved, the University has a responsibility to facilitate the internship experience. If it is discovered that the student does not qualify for the internship based upon the internship admission requirements subsequent to the time contracts have been initiated, the student and the University Supervisor will be notified that a final grade for the internship shall not be posted until such time as the student meets the criteria for admission into the internship. The student shall be responsible for all aspects and assignments including dates and deadlines for completing the internship as originally provided for in the Program Memorandum. Upon completion of the internship, the University Supervisor shall inform the student in writing of the grade earned and that shall serve as the final grade notice for purposes of grade appeal. Initiation of a grade appeal must occur within 15 works days of this notice. Once all criteria for admission to the internship have been met, **the internship grade will be posted to the student's transcript.** The posted grade is final and may not be appealed at that time.
- 1.6.3.4 Discovery of academic misconduct. **A student's internship placement and start date shall be** immediately suspended if the student is accused of academic misconduct, and shall remain suspended until such time as the case is resolved. If the student is exonerated, the internship will be initiated in a timely manner. If the student is found to have violated the **Academic Misconduct Policy, the student's internship will be canceled and the student** immediately suspended from the program in accordance with Policy.

SECTION 1.7: GRADUATION REQUIREMENTS

- 1.7.1 Requirements for graduation with BS Kinesiology degree. To graduate with a Bachelor of Science degree in Kinesiology, students must:
1. Complete the required 120 degree credits;
 2. Earn a cumulative UWM GPA of 2.5; and
 3. Earn a GPA of 2.75 in Kinesiology Core curriculum courses.

SECTION 1.8: ACADEMIC AND NON-ACADEMIC CONDUCT

- 1.8.1 Academic conduct. The BS Kinesiology program follows the policies and processes outlined by the UWM Dean of Students (<http://www4.uwm.edu/dos/conduct/academic-misconduct.cfm>) in cases of academic misconduct.
- 1.8.2 Non-academic conduct
- 1.8.2.1 Non-academic conduct expectations. In addition to providing an academic foundation for future professionals in kinesiology, the faculty and staff of the Department of Kinesiology want to ensure that students conduct themselves in a professional and ethical manner in

academic and field settings.

- 1.8.2.1 UWM policies on non-academic misconduct. The BS Kinesiology program follows the policies and processes outlined by the UWM's Dean of Students (<http://www4.uwm.edu/dos/conduct/non-academic-misconduct.cfm>) in instances of non-academic misconduct.
- 1.8.2.3 CHS honor code. All students are required to follow the CHS honor code (<http://uwm.edu/healthsciences/students/honor-code/>).

SECTION 1.9: ACADEMIC STANDING, RETENTION, AND PROGRESS REQUIREMENTS

- 1.9.1 In good standing. Per the Department of Kinesiology policy, a cumulative UWM GPA of 2.500 or greater and a Kinesiology Core GPA of 2.750 or greater must be achieved to qualify for graduation and thus must be met throughout the course of study in the program. In so doing, the student remains "*in good standing*" in the program.
- 1.9.2 Academic probation. Each semester, after final grades are posted, the Department of Kinesiology reviews the GPA and the number of Core classes repeated for all Kinesiology students (a maximum of 3 KIN Core classes may be repeated). If a student falls below a cumulative UWM GPA of 2.500 and/or a 2.750 Kinesiology Core GPA, either cumulative or semester, he/she will be placed on academic probation in the program for the next semester.
- 1.9.3 Continued academic probation. Students will remain on academic probation if (a) their Kinesiology Core GPA increases from the previous term but does not yet meet/exceed the 2.750 requirement or (b) they did not enroll in Kinesiology core courses in the most recent term.
- 1.9.4 Dismissal from the program. If the student fails to increase the respective GPA during the probation semester, the student will no longer be "*in good standing*" and will be dismissed from the program. Additionally, if the student has exhausted the three available repeats in the Kinesiology core and can no longer mathematically achieve the 2.75 GPA requirement, they will be dismissed from the program.
- 1.9.5 Appeal process. Students should follow the appeals process of the College of Health Sciences if they wish to appeal dismissal from the program. For assistance with this process, please contact your academic advisor. <http://uwm.edu/healthsciences/students/academic-appeals-procedures/>

SECTION 1.10: APPEALS

- 1.10.1 Student complaints regarding policy or personnel. Unless otherwise noted, students should direct complaints to the Department Chair in which the incident occurred. If the incident allegedly violates a specific university policy, the complaint may be directed to the chair of the department or academic unit in which the incident occurred or to the appropriate university office responsible for enforcing the policy. For assistance with this process, please contact your academic advisor.
- 1.10.2 Grade appeals. Students should follow the appeals process of the College of Health Sciences if they wish to file an appeal/grievance for matters such as a disputed grade received in a class or denial of admission to a program or major. For assistance with this process, please contact your academic advisor. <http://uwm.edu/healthsciences/students/academic-appeals-procedures/>

2. KINESIOLOGY MINOR AND PROGRAM DESCRIPTION

Human movement is becoming an increasingly popular and important topic in our world; from the rise in obesity to understanding how physical activity plays a role with our health. Many disciplines across campus and amongst the workforce would benefit from having a foundational knowledge in Kinesiology. Nurses, urban planners, chiropractors, physicians and dietitians/nutritionists are just a few examples of those professions where a working knowledge of how physical activity affects humans would be very beneficial.

The Minor in Kinesiology will provide students with foundational knowledge of the multidisciplinary science of human movement. Students in the minor will develop a broad understanding of how human movement contributes to health and well-being as well as the underlying factors influencing human movement and physical activity behaviors. The Minor in Kinesiology offers flexibility so that students can take Kinesiology coursework to complement their major coursework to best suit their educational goals.

Students minoring in Kinesiology will take an 18 credit curriculum. Students who complete the Minor in Kinesiology will be able to:

1. Describe, from a multidisciplinary approach, the value and benefits of all forms of physical activity and a healthy lifestyle; and
2. Summarize and apply theoretical and scientific knowledge from multiple Kinesiology sub disciplines such as: biomechanics, exercise physiology, motor behavior, sociological and psychological aspects of physical activity, health, and sport.

Admission and progression criteria (including curricular requirements) for the Minor in Kinesiology are subject to change. Please contact the Office of Student Affairs, NWQ Building B, 6th Floor, 414-229-2758, for the most current information.

SECTION 2.1. ADMISSION TO THE MINOR

To declare the minor, the student must:

- Have completed a minimum of 24 credits;
- Have a minimum UWM GPA of 2.5; and
- Have completed the online declaration form.

SECTION 2.2. ACADEMIC REQUIREMENTS

Credit Requirement: 18 total

- Complete no fewer than 12 credits from the following list (declaration of minor is a prerequisite for each of these courses):
 - 3 cr. - KIN 320: Biomechanics
 - 4 cr. - KIN 330: Exercise Physiology
 - 3 cr. - KIN 350: Psychological Aspects of Sport and Exercise
 - 3 cr. - KIN 351: Sociological Aspects of Health and Human Movement
 - 3 cr. - KIN 360/460: Motor Development Across the Lifespan
 - 3 cr. - KIN 361/461: Principles of Motor Learning
- Complete 6 additional Kinesiology credits level 300 or above.

SECTION 2.3. TRANSFER OF COURSEWORK

Students may transfer coursework into minor the based upon syllabus review by faculty.

SECTION 2.4. CONTINUATION AND EXIT REQUIREMENTS

To be awarded the Minor in Kinesiology, students will need to earn a minimum GPA of 2.5 in the 18 credits in the Kinesiology minor coursework. Students must satisfy published prerequisites of any course.