Health

Students pursuing health careers often begin their story by saying they’d like to help people. UWM’s Health metamajor allows a student to explore the “how.” Students must be ready to make the sciences an integral part of their introductory studies as they explore the hundreds of roles available as health and wellness professionals. Students are grounded in the biological, physical, and social sciences, which are a stepping stone to applications in health, healthcare, and wellness.

Careers: Majors leading to careers in healthcare or health education; research and development; business/administrative support; management; or direct patient care.

Potential Majors:
- Anthropology
- Biochemistry
- Biological Sciences
- Biomedical Engineering (See Engineering & Natural Sciences Pathway)
- Biomedical Sciences
  - Laboratory (Medical Lab Sciences, Biomedical Research, Public Health Microbiology, Cytotechnology)
  - Imaging (Diagnostic Medical Sonography, Radiologic Technology)
- Communication Sciences & Disorders (Speech-language Pathology)
- Global Studies (unique requirements; ask advisor)
- Global Health
- Healthcare Administration
- Kinesiology
- Microbiology
- Nursing
- Nutritional Sciences
- Occupational Studies
- Psychology
- Pre-Professional Programs (unique requirements; ask advisor)
  - Pre-Anesthesiologist Assistant
  - Pre-Chiropractic
  - Pre-Dentistry
  - Pre-Medicine
  - Pre-Optometry
  - Pre-Pathologist Assistant
  - Pre-Pharmacy
  - Pre-Podiatry
  - Pre-Physical Therapist
  - Pre-Physician Assistant
  - Pre-Veterinary

Semester 1: Sample Curriculum.
Work with your advisor to make necessary adjustments to best fit your interests and placement levels.

<table>
<thead>
<tr>
<th>COURSE</th>
<th>CREDITS</th>
<th>NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>OWC-A: English 100, 101 or 102</td>
<td>3-4</td>
<td>Course level determined by placement. Grade of C or better required.</td>
</tr>
<tr>
<td>QL-A: Math 94, 98, or 105</td>
<td>0-6</td>
<td>Course level determined by placement. Grade of C or better required.</td>
</tr>
<tr>
<td>Health Sciences 105: Survey of Health Professions</td>
<td>3</td>
<td>Satisfies GER Social Science requirement</td>
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<tr>
<td>Biological Sciences 202: Anatomy &amp; Physiology I Or Chem 100: Chemical Science Or other Natural Science (see pre-professional program needs)</td>
<td>4</td>
<td>Chem 100 Satisfies GER Natural Science (NS) requirement; Chemistry contingent upon math placement.</td>
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</tbody>
</table>

TOTAL 14-18

Important Milestones:
- Complete 15 credits to stay on track to a timely graduation.
- Maintain a minimum GPA of 2.0-2.5.
- See your advisor before the end of October to discuss your progress and begin planning for second semester. Visit the Career Planning & Resource Center in Mellencamp 128 to begin developing a career plan.

1 Pre-Professional students should consult an advisor before making a choice in this section.
# Health

## Suggested GER Options

*Course has pre-requisites

(CD) = Cultural Diversity Requirement

Note: This is not a complete list of your GER options. For full list, visit uwm.edu/schedule

### Natural Sciences

Met through Nursing or Health Sciences Degree Requirements

- Biological Sciences 103: Topics in Modern Biology
- Biomedical Sci 205: Introduction to Diagnostic Medicine
- Biomedical Sci 232: Introduction to Nutrition
- Kinesiology 230: Health Aspects of Exercise and Nutrition
- Physics 120 & 121: General Physics I & Lab*
- Psychology 254: Physiological Psych*

### Humanities

- Classics 101: Latin & Greek in English Words
- Communication 103: Public Speaking
- History 229: Hist. of Race, Science, and Medicine (CD)
- Philosophy 111: Informal Logic
- Philosophy 211: Logic
- Philosophy 241: Ethics
- Philosophy 244: Ethical Issues in Healthcare
- Therapeutic Rec 103: Introduction to Leisure

### Cultural Diversity

- History 229: Hist. of Race, Science, and Medicine (HU)
- Nursing 101: Cultural Diversity in Healthcare
- College Health Sci 245: Client Diversity in Healthcare (SS)

### Social Sciences

Met through Nursing or Health Sciences Degree Requirements

- Anthropology 101: Human Origins
- Anthropology 102: Intro: Culture & Society
- Anthropology 104: Lifeways in Different Cultures
- Biomedical Sci 260: Introduction to Complementary and Integrative Health Approaches
- College Health Sci 245: Client Diversity in Healthcare (CD)
- Communication 101: Interpersonal Communication
- ComSDis 210: Survey of Communication Disorders
- Economics 100: Intro to Economics
- Economics 103: Principles of Microeconomics
- Economics 104: Principles of Macroeconomics
- Healthcare Admin 212: Drugs Used and Abused*
- Nutritional Sci 241: Why We Eat What We Eat: An Ecological Approach
- Psychology 101: Intro to Psychology
- Psychology 205: Psychology of Personality*
- Psychology 412: Abnormal Psych*
- Public Health 101: Introduction to Public Health
- Sociology 101: Intro to Sociology
- Therapeutic Rec 202: Disability, Society and the Person

### Art

Consult the Schedule of Classes

## Other Suggested Courses

- Anthro 281: Dead men do tell tales: Intro Forensic Sci
- Biomedical Sci 101: Introduction to Clinical Laboratory Sciences
- Diagnostic Imaging 101: Intro to Diagnostic Imaging
- Health Sci 101: Introduction to Health and Disease

- Health Sci 222: Language of Medicine
- Kinesiology 200: Introduction to Kinesiology
- Nutritional Sci 101: Introduction to the Nutrition Profession
- Nutritional Sci 110: Introduction to Food Principles and Preparation