

# Volunteers Needed for Research Study on Weight-Related Behaviors and Down Syndrome

We are enrolling children who are between 5-18 years of age and are diagnosed with Down syndrome for a national study that will examine energy expenditure and weight-related behaviors (nutrition, sleep and activity).

## Your Child May Qualify If they

- Are between 5-18 years old
- Are diagnosed with Down syndrome
- Speak English or Spanish
- Have access to WI-FI and a parent/guardian who has basic technology capabilities and email
- Live in the lower 48 states of the U.S.

## Potential Benefits

Participating in this study will provide valuable information that will improve health of individuals with Down syndrome in the future.

## Location

All study activities occur within your home.

**Participants will be compensated**

## Participation over 8 days involves

- Obtaining height, weight, and body measurements with a tape measure
- Collecting a total of 6 urine samples (4 on day 1 and 2 on day 7)
- Your child wearing 2 activity trackers (one on waist and one wrist) for 7 days
- Parent or guardian completing surveys
- Completing 3 Zoom calls with our study team (day 1 - up to 5 hours with breaks and the other two - up to 45 minutes each)
- All equipment and supplies are provided
- Family returning equipment and supplies with prepaid shipping boxes

## FOR MORE INFORMATION

**Please contact**

**Dr. Michele Polfuss**

**Phone: 920-470-2150**

**Email: [mpolfuss@uwm.edu](mailto:mpolfuss@uwm.edu) or [mpolfuss@chw.org](mailto:mpolfuss@chw.org)**