Chin & Chin Hakha Translated Health Information

Information compiled April 2018, by Heidi Sherwood, UWM Helen Bader School of Social Welfare student for the UWM Institute for Urban Health Partnerships (IUHP) Teaching Today's Students for Tomorrow's America (TTSTA) Project.

General Health Information

Dental Health

- Tooth Tips: 0-12 Months – Chin Hakha or English
- Tooth Tips: 12-18 Months – Chin Hakha or English
- Tooth Tips: 18 Months-6 Years – Chin Hakha or English

Diabetes

- General Information – Chin Hakha or English

Doctors

- Medical Appointments – Chin Hakha or English
- Pharmacies – Chin Hakha or English

Emergencies

- Emergency Room – Chin Hakha or English

ESL

- Cue Cards – Chin/English
Exercise

- General Information – Chin Hakha or English

Hygiene

- Handwashing – Chin Hakha or English

Mental Health

- How to Help Someone Thinking of Suicide – Chin Hakha or English
- Mental Health – Chin Hakha or English
- Stress – Chin Hakha or English
- What is Mental Distress? – Chin Hakha or English

Nutrition

- Healthy Eating for Pregnancy – Chin Hakha or English
- Stay Healthy, Stay Hydrated – Chin or Chin Hakha or English

Pregnancy

- A Healthy Pregnancy – Chin Hakha or English

Women's Health

- Contraception for Women – Chin Hakha or English

Violence

- No One Has the Right to Hurt You – Chin Hakha or English
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