The five-year NIH-funded research project SAGE4Health in Malawi recently concluded the data collection process and initiated the final stages of data analysis. The project’s name SAGE4Health reflects the key goals of the project to evaluate a CARE-Malawi’s community-based intervention focusing on Savings, Agriculture, Governance and Empowerment. This quasi-experimental study was designed to study the relationship between HIV vulnerability and changes in economic environment and food security in rural Malawi. Recently, several members of the research team participated in a 3-day workshop from May 15-17, 2013 at the Joseph J. Zilber School of Public Health (ZSPH). Academic leaders and research partners convened from each of the following partner organizations and institutions: University of Wisconsin-Milwaukee (UWM) Joseph J. Zilber School of Public Health (ZSPH), UWM’s Center for Global Health Equity (CGHE) at the College of Nursing, CARE USA & CARE Malawi and the University of Malawi.

The SAGE4Health’s May 2013 workshop gathered the project’s leaders (Lance Weinhardt, ZSPH, & Loren Galvao, CGHE) and other UWM’s SAGE4Health investigators (Patricia E. Stevens, Lucy Mkandawire-Valhmu, Alice Fang Yan and Emmanuel Ngui), CARE Malawi staff (Thokozani Mwenyekonde, Gerald Kosamu, Thula Saka and Chrispine Mandela) and consultants (Winford Masanjala from University of Malawi & Jennifer Kibicho from Medical College of Wisconsin). Sally Lundeen (College of Nursing), Anne Dressel (CGHE), Magda Peck (ZSPH) and other UWM researchers also attended. The workshops’ main objectives were to share and discuss preliminary data analysis findings and develop a future path for the project.

The SAGE4Health team presented select project findings focusing primarily on the socio demographic characteristics of the Malawian study participants, self-reported HIV testing, food security, economic indexes, and community cohesion. The team then engaged in group discussions to interpret the analyses and solidify conclusions regarding the findings. Project leaders and researchers also discussed lessons learned about the process of data collection, project management, and data analysis throughout the past five years of project implementation. The workshop concluded with comprehensive discussions regarding the potential for project continuation, further data analyses, and a plan for dissemination of findings globally and in Malawi.
Winterim and Summer 2013 Global Health Study Abroad Programs a Big Success!

Community Health in Kenya

Twenty-one students participated in the College of Nursing "Community Health in Kenya" study abroad program in January 2013. Led by Dr. Penninah Kako and Dr. Anne Dressel, the students visited hospitals, clinics, schools, and orphanages in urban and rural settings, and learned about the health care system in Kenya. A highlight of the trip included a weekend visit to the Masai Mara, where the students experienced the wildlife of East Africa, and visited a Masai village to learn about traditional life and health care practices of the Masai. All of the students did teaching projects while in Kenya on relevant topics such as malaria prevention, living well with HIV, and more.

The students also distributed the many supplies that were generously donated, such as t-shirts, multivitamins, toys, and school supplies, which were greatly appreciated by the recipients. The experience was life-changing for many students, exemplified in comments such as: "because of this trip, I have become a more accepting person of other cultures and my interest in global health has been deepened. It has allowed me to view my world through a different, clearer lens, for which I'll be forever grateful!"
Maternal and Infant Health in Morocco: 
Women’s Rights and Families in Islam

Dr. Ellen Amster (History) and Dr. Caroline Seymour-Jorn (French, Italian, and Comparative Literature) led the successful “Maternal and Infant Health in Morocco: Women’s Rights and Family in Islam” global health program in May-July 2013. It provided undergraduate and graduate students with an integrated linguistic, cultural, and public health experience in the Islamic African country of Morocco.

The course introduced students to maternal and infant health issues in the third world and considered a range of social, religious, epidemiological, economic, technological, legal, and family issues that impact birth, pregnancy, motherhood, and the health of newborns and children in Morocco. Students also gained a basic knowledge of Islamic religion, Moroccan traditional (Islamic) medicine, and medical anthropology.

In the urban component (3 weeks), students learned about the social determinants of health, the array of social factors that affect women’s reproductive health and infant and child health. In the rural component (1 week), students had hands-on fieldwork experiences that focused on community health, the challenges of providing maternal and infant health care outside the state support structure, and the environmental determinants of health. Students also studied Arabic and stayed with host families.

Visit the course blog to learn more about the study abroad program and the students’ experiences:

http://maternalandinfanthealth.wordpress.com/

The Majorelle Gardens, Marrakesh

A Traditional Granary in the High Atlas Mountains
ICN Launches 2013 Release of ICNP

The international Council of Nurses (ICN) is excited to announce the 2013 release of ICNP®, a terminology for nursing that supports improved quality of care and standardized nursing documentation worldwide. The documentation data can be re-used for multiple purposes, including clinical and administrative decision-support, generating evidence for practice, nursing education, and policy development. The formal foundation of ICNP makes it capable of harmonizing other nursing and multi-disciplinary terminologies in order to optimize care documentation and analysis of health interventions related to outcomes for patients, groups or communities. ICNP is available at:

http://www.icn.ch/pillarsprograms/ehealth/

REVISED ICN CODE OF ETHICS

NOW AVAILABLE!

This revised edition includes the nurse’s role in developing and sustaining a core of professional values, creating a positive practice environment, maintaining safe, equitable social and economic working conditions, sustaining and protecting the natural environment and contributing to an ethical organizational environment.

In a handy pocket size, the 2012 Code of Ethics for Nurses is available on the ICN website for downloading at:


Join the UWM Global Book Club!

The UWM Global Book Club meets once each semester to discuss a book that has been selected by the group. The next book will be House of Stone by Anthony Shadid, which the group will discuss in mid-November.

For more information or to join, contact Nicole Palasz at palasz@uwm.edu
Discussion with Naish Hasan at UWM

In April, the UWM Center for International Education and CGHE hosted Naish Hasan, a Visiting Fellow from India, for a special presentation. She is the founding member and president of Bharatiya Muslim Mahila Andolan, India’s largest Muslim women’s network, with over 20,000 members. Together, they are calling for greater rights for women under India’s Islamic law that governs Muslim marriages. For example, they are trying to ban triple talaq (the practice of saying “I divorce you” three times in a row which instantly creates a binding divorce). Working in the slums of Lucknow, Uttar Pradesh, Naish has also helped send hundreds of Muslim girls to school for the first time and helped victims of gender violence (disappearances, rape, and acid attacks). Naish has been a tireless advocate for women’s rights, won several awards, and is a frequent commentator on women’s rights issues in India.

Visiting International Scholars at the UWM College of Nursing

Dr. Myunghee Jun is a visiting scholar from Daejeon University in South Korea. She has participated in multiple research activities during her time at UWM. Dr. Jun’s research included seven peer reviewed published articles, three accepted abstracts for international conferences, and three ongoing international collaborative research plans. Dr. Jun is on a multi-year visit to UWM.

Lan Chen, a visiting scholar from Xiamen Medical College in China, is learning about the simulation lab, bilingual education and communicable diseases. She is a Master’s Nursing student in China, and has co-authored four articles. Her visit is from February 2013 through February 2014.

Rungnapa Pongkiatchai, from Mahidol University in Thailand, is at UWM from June—September 2013. Rungnapa is a PhD student in nutrition in Thailand, and is gaining experience in her research and learning about U.S. culture while at UWM.
Students will explore the health care system and practices in the care of women and children in Thailand. Students will visit hospitals and clinics in urban and community settings. Students will spend most of the time at the Boromarajonani College of Nursing, and attend lectures, meet with students, and participate in cultural activities arranged by the College. Finally, students will have the opportunity for an overnight stay with a Thai family. Financial Aid, Scholarships & Grants can be used for this program!

- Application Deadline: October 15, 2013
- Study Abroad Advising: Ramona Washington (washingtonr@uwm.edu)
  – Contact for administrative questions about application, registration, program cost, etc.
- 3 Undergraduate or Graduate credits in Nursing (297, 497, or 780)
- Estimated Cost: $3,980–$4,390
- To apply or for more information, visit: www4.uwm.edu/cie/studyabroad.cfm
Community Health Care in Malawi
January 2 - 17, 2014
Program Leader: Lucy Mkandawire-Valhmu, College of Nursing
(mkandawi@uwm.edu)

This course will introduce students to the health care system in Malawi, and provide them with an opportunity to experience a variety of Malawian health care settings. This course will have a community health focus, and include visits to urban and rural health care and social service organizations in and around Blantyre, the commercial capital of the country. A weekend excursion to Lake Malawi is also included. Financial Aid, Scholarships & Grants can be used for this program!

- Application Deadline: October 15, 2013
- 3 Undergraduate or Graduate credits in Nursing (297, 497, or 780)
- Estimated Cost: $4,500—$4,855
- Study Abroad Advising: Ramona Washington (washingr@uwm.edu)
  -- Contact for administrative questions about application, registration, program cost, etc.
- To apply or for more information, visit: www4.uwm.edu/cie/studyabroad.cfm
Partners For Everyday Health

By Kathy Quirk

“How can I eat healthier with the food I’m getting from the food pantry?”

“What foods can I get on my limited budget that are okay for diabetes?”

“How can I cook greens in a healthy way?”

Those were among the questions posed to University of Wisconsin-Milwaukee students during a recent presentation at a food pantry run by Central City Churches Inc.

The July workshop on eating healthy on a budget was the first in a series of educational sessions called the Everyday Health Program. Local to Global: Creating Healthier Communities, a UWM student organization, will present the sessions in collaboration with the churches’ Outreach Ministry. (Central City Churches is a coalition of eight churches on or near Wisconsin Avenue.)

The project is funded through a CUP (Community Urban Partnerships) grant from the university’s Cultures and Communities program.

“We are one of only two student-run partnerships that have ever been funded through a CUP grant,” says Sarah Hopkins, a student in the Master of Nursing Direct Entry program, and president and founder of Local to Global.

The group includes UWM students – ranging from first-year to graduate-level – from seven disciplines, and also is open to community members. Local to Global is modeled on the Timmy Global Health project, according to Hopkins. Timmy Global Health is an organization that empowers high school and college students to work in partnership with community organizations to raise funds, advocate and serve in an effort to fight health disparities in their own communities and abroad.

Local to Global started in spring 2013, with the focus on raising awareness about social determinants of health both globally and locally, according to Hopkins. The organization has already been part of many off-campus events providing health information and blood pressure screenings to the Milwaukee community. Local to Global currently has 25 members who volunteer at 10 organizations in the Milwaukee area, Hopkins notes.

“The feedback we got from our neighbors after the first session was very positive,” says Alicia Ellis, director of Central City Churches Outreach Ministry. A number mentioned how helpful it was to learn more about reading nutrition labels, she adds, “and they really got a kick out of the discussion on how to cook greens in a healthy way.”

Fighting Health Disparities
“It’s wonderful that they can come here to share the gift of their knowledge with us,” says Ellis, “and it gave the neighbors a nice way to come together with each other also.”

The churches run a food pantry four mornings a week, open to those in need in the surrounding neighborhoods. When the office secretary received a flyer about the CUP grants, says Ellis, she saw an opportunity to provide health information to those gathered for the food pantry, which is hosted by Our Savior’s Lutheran Church.

The student organization and the churches are hoping to continue their partnership in the future, according to Hopkins.

For their first presentation, Hopkins and Tanya Thompson, also a nursing major and a member of Local to Global, set up posters and food samples, talked about healthy eating, provided handouts and answered lots of questions. They also brought healthy snacks to share.

Neighbors coming to the food pantry joined them in a church gathering room, close enough that they could hear when their number was called to pick up a bag of food from the pantry.

“That’s unusual,” says Hopkins. “It’s only a small amount, but one that will help us have big impact.”

“The program seems to be a great fit for both organizations,” she adds, “while providing free health information to the residents of the surrounding area.”

“Small Grant, Big Impact

Emily Spanjers, who worked with the churches as part of the Lutheran Volunteer Corps, researched student groups at UWM that might be willing to collaborate, and made the initial email contact. After connecting with Local to Global, Spanjers wrote the grant application with input from Hopkins. The grant was the only fully funded grant through CUP this year.

Future Everyday Health Programs will focus on:

- Diabetes, blood pressure, cholesterol and how they are related
- Easy exercise
- Dental health
- Successful aging
- Stress management

Join Local to Global: Creating Healthier Communities!

Contact Sarah Hopkins at: hopkin34@uwm.edu
Global Health Certificate

An undergraduate Global Health Certificate has been developed and is going through final committee approval processes this fall (2013). Jointly offered by the College of Nursing and the College of Letters and Science, students will complete 21 credits in global health-related courses. The undergraduate certificate in Global Health will provide students with academic inquiry into:

- the global burden of disease
- the social determinants of health in a global context
- the principles, language, and measurement tools used in global health
- ethics and global health

The purpose of the Global Health Certificate is to prepare students to work in changing environments and with more diverse populations as well as to respond competently to the challenges presented by permeable geographic and cultural boundaries. Careers in global health require skills for working internationally and also within globally-focused organizations based in the U.S. and elsewhere. Students will gain competence in identifying and analyzing factors that generate disparities in health status, health resources, and access to health information and health services, particularly for ethnic minorities and other marginalized and vulnerable population groups.

The proposed Certificate in Global Health is an interdisciplinary academic program consisting of an introductory course in global health (Nursing 110, Introduction to Global Health), a set of courses in the humanities, social sciences, nursing, health sciences, and public health that will provide students with a thorough understanding of health issues that societies across the world are facing, and a capstone course (Nursing 475, Global Health: Ethics and Human Rights).

Many thanks to the following faculty and staff who helped to create the certificate: Ellen Amster, Karla Bartholomew, Aparna Datey, Anne Dressel, Jacques du Plessis, Tim Ehlinger, Loren Galvao, Penninah Kako, Lucy Mkandawire-Valhmu, Rob Ricigliano, Kris Ruggiero, Estrella Sotomayor, and Pat Stevens

For more information about the Global Health Certificate, contact Anne Dressel at banda@uwm.edu

CGHE Intern

Special thanks to Ms. Jinjoo Lee, who completed an internship with the UWM Center for Global Health Equity this summer! She assisted with literature reviews for new courses and research projects related to global health. Jinjoo is an undergraduate student at the University of Massachusetts-Amherst.
CGHE Faculty Associate Ellen Amster Publishes New Book!

A FASCINATING AND HISTORICAL STUDY ON THE INFLUENCE OF MEDICINE IN MOROCCO

Exploring the colonial encounter between France and Morocco as a process of embodiment, and the Muslim body as the place of resistance to the state, this book provides the first history of medicine, health, disease, and the welfare state in Morocco.

MEDICINE AND THE SAINTS
Science, Islam, and the Colonial Encounter in Morocco, 1877-1956

BY ELLEN J. AMSTER

The colonial encounter between France and Morocco took place not only in the political realm but also in the realm of medicine. Because the body politic and the physical body are intimately linked, French efforts to colonize Morocco took place in and through the body. Starting from this original premise, Medicine and the Saints traces a history of colonial embodiment in Morocco through a series of medical encounters between the Islamic sultanate of Morocco and the Republic of France from 1877 to 1956. Drawing on a wealth of primary sources in both French and Arabic, Ellen Amster investigates the positivist ambitions of French colonial doctors, sociologists, philologists, and historians; the social history of the encounters and transformations occasioned by French medical interventions; and the ways in which Moroccan nationalists ultimately appropriated a French model of modernity to invent the independent nation-state. Each chapter of the book addresses a different problem in the history of medicine: international espionage and a doctor’s murder; disease and revolt in Moroccan cities; a battle for authority between doctors and Muslim midwives; and the search for national identity in the welfare state. This research reveals how Moroccans ingested and digested French science and used it to create a nationalist movement and Islamist politics, and to understand disease and health. In the colonial encounter, the Muslim body became a seat of subjectivity, the place from which individuals contested and redefined the political.

6 x 9 inches, 320 pages
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800.252.3206 | www.utexaspress.com
Ellen J. Amster,  
**Academic year 2012-2013**  
**Books published:**

**Invited lectures:**
“Healing the Body, Healing the Umma: Sufi Saints and God’s Law in a Corporeal City of Virtue,” Middle East History and Theory Workshop, University of Chicago, **March 13, 2013**, Chicago, IL.

“Maternal and Infant Health in Morocco: Women’s Rights and Family in Islam,” Global Health Institute, University of Wisconsin-Madison, **February 25, 2013**, Madison, WI.

“The Politics of Reproduction in the Middle East,” closing remarks for Conference on Women and Children’s Health in the Middle East, University of Chicago, **November 10, 2012**, Chicago, IL.

Television interview:
“Women’s Rights, Development, and Health in Morocco,” Wisconsin Public Television (PBS) Channel 36, “International Focus” Program, **January 20, 2013**.

**Conference paper:**

**Global Health Study Abroad Course developed and taught at UWM:**
“Maternal and Infant Health in Morocco: Women’s Rights and Family in Islam.” (undergraduate and graduate levels) Website: [www.maternalandinfanthealth.wordpress.com](http://www.maternalandinfanthealth.wordpress.com)

Developed course with $16,000 grant support from U.S. Department of Education Grant (UISFL).
The course first ran **May 29, 2012-July 2, 2012**. 6 credits (3 of Arabic, 3 of History/Women’s Studies/Global Studies/Religious Studies).
• Summer (2012), co-taught with assistant professor of UWM Zilber School of Public Health, Karla Bartholomew.
• Spring 2013, Memorandum of Understanding drafted between Moroccan Ministry of Higher Education and UWM, direct result of relationships developed during the course.

**Professional service:**
Board of Directors, American Institute of Maghrib Studies, elected **February 2013**.
U. S. IIE Fulbright Scholars Program national screening committee member for...
• North Africa (Morocco) 2010-11.
• North Africa (Morocco) and Gulf States (Kuwait, UAE) 2011-2012.
• North Africa (Morocco, Tunisia) and Gulf States (Kuwait, Bahrain) 2012-2013.