RELATIVE, ADOPTIVE, FOSTER PARENT ONGOING TRAINING SERIES

JAN-JUNE 2019 LOCATIONS

*Information is subject to change. Please see PDS for most up to date information*
<table>
<thead>
<tr>
<th>Module</th>
<th>Session Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>This session provides information on understanding trauma effects on children and how to provide a safe place.</td>
</tr>
<tr>
<td>2</td>
<td>This session provides information for caregivers on how to take care of themselves while caring for a child who has experienced significant trauma.</td>
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<tr>
<td>3</td>
<td>This session provides information on how to deal with destructive feelings and behaviors displayed by a foster child. This session provides information to caregivers on the importance of connections foster children so they can begin the healing process.</td>
</tr>
<tr>
<td>4</td>
<td>This session provides information on understanding trauma effects on children and how to provide a safe place.</td>
</tr>
<tr>
<td>5</td>
<td>This session provides information on understanding trauma effects on children and how to provide a safe place.</td>
</tr>
</tbody>
</table>

Register: pdsonline.csod.com  mcwp@uwm.edu | 414-964-7400
FOSTERING TRAUMATIZED KIDS SERIES

It's Not About You! This training series is for anyone who provides daily parental care to children who are a part of the foster care system. These trainings are designed to inform and support those who are parenting a traumatized child.

SELF - CARE

Self - Care focuses on valuing self and developing strategies to care for oneself.

STRESS RELIEF

Stress Relief focuses on routine ways of relieving stress and caring for yourself.

SUMMER TRANSITIONS

The discussion will focus on how to help parents recognize the importance of considering the summer change and how that impacts your child. Discussion will include some beneficial ways to transition into the summer routine; summer family fun activities and ideas; and what are some routines that should remain the same throughout the summer.

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FOSTERING TRAUMATIZED KIDS SERIES

SUMMER TRANSITIONS
CLASS 12878
THURSDAY | MAY 9, 2019 | 6-8PM
FOSTERING TRAUMATIZED KIDS SERIES

STRESS RELIEF
CLASS 12879
WEDNESDAY | JUNE 5, 2019 | 6-8PM

Register: pdsonline.csod.com  mcwp@uwm.edu | 414-964-7400
FOSTERING TRAUMATIZED KIDS SERIES

SELF CARE
CLASS 12932
SATURDAY | JULY 13, 2019 | 10AM-12PM

STRESS RELIEF
CLASS 12934
SATURDAY | JUNE 8, 2019 | 10AM-12PM

SUMMER TRANSITIONS
CLASS 12933
SATURDAY | MAY 4, 2019 | 10AM-12PM
TRAUMA INFORMED PARENTING SERIES
*These classes can only be taken as part of the series

**PART 1 OF 5**
CLASS 12777  TUESDAY | APRIL 2, 2019 | 5:30-8:30PM

**PART 2 OF 5**
CLASS 12778  THURSDAY | APRIL 4, 2019 | 5:30-8:30PM

**PART 3 OF 5**
CLASS 12779  TUESDAY | APRIL 9, 2019 | 5:30-8:30PM

**PART 4 OF 5**
CLASS 12780  THURSDAY | APRIL 11, 2019 | 5:30-8:30PM

**PART 5 OF 5**
CLASS 12781  TUESDAY | APRIL 30, 2019 | 5:30-8:30PM

Register: pdsonline.csod.com  mcwp@uwm.edu | 414-964-7400
FOSTERING TRAUMATIZED KIDS SERIES

CLASS 12877

SECFAR CARE
TUESDAY | JULY 9, 2019 | 6-8PM