**Workshop Transfer of Learning Activities**

**Trainer Name(s)**: Erin Cronn and Katie Schlipmann

**Workshop Title**: Great Beginnings Start Before Birth (GBSBB)

**Activity 1**

**Type of Activity**: Group Activity: Role play in pairs

**Materials Needed**:None, could have GBSBB Book if desired

**Time Needed**:30-45 min

**Activity Description**:Break home visitors into pairs and give them each two difficult conversation topics that frequently come up during pregnancy (DV, mental health, smoking, AODA issues, eating disorder, unwanted pregnancy, client considering abortion, miscarriage, disclosure of sexual abuse, trauma history, lack of support system, and cultural norm in conflict with pregnancy). Have the home visitors take turns role playing each difficult conversation in pairs. Then bring the group back together and have each pair share.

**Activity Discussion Questions:**

* What was difficult about the conversation?
* What was effective in the conversation?
* What was not effective in the conversation?
* What tips would you share for navigating this conversation with other home visitors?
* What are next steps you might take in upcoming home visits to follow up on this issue?

**Questions for Supervision:**

* What difficult conversations will be the most challenging for you?
* What support do you need in navigating these conversations?
* What self-care activities can help you manage your feelings and stress around these conversations?

**Activity 2**

**Type of Activity**: Group or 1:1 Supervision: Preparing for a Home visit

**Materials Needed**:GBSBB Book, handouts/resources

**Time Needed**:30-60 min

**Activity Description**:Have the home visitor plan/prepare a Home Visit that includes health teaching on fetal development, health teaching on maternal pregnancy changes and an activity on prenatal bonding. Then have the home visitor discuss or role play the visit with supervisor.

**Activity Discussion Questions/Questions for Supervision:**

* What materials did you prepare/use? What other resources could support this HV?
* What are techniques that you plan to use to start the conversation?
* How do you help the parent understand the importance of these topics?
* How comfortable do you feel with your knowledge base around fetal development and maternal changes of pregnancy? What additional learning/support would help you feel more comfortable?
* How could these topics be incorporated in the client’s goals?
* How could you pull dad into this HV (if appropriate)?

**Videos to watch individually or as a team:**

* Daddy Matters (4 part series from Zero to Three on fatherhood, on YouTube, 3-5 min each) <https://www.zerotothree.org/search?q=Daddy+Matters>
* Babies (Full length movie, available on Netflix, at the library - focuses on the birth and first two years of several babies’ lives from different areas of the world, acknowledging cultural similarities and differences in child-rearing practices – there is no dialogue in this film)
* HomeVisitMKE (3 part series about home visiting from the family’s perspective, on YouTube, 3-5 min each) Meet Johana, Ariadne, & Brandy <https://www.youtube.com/watch?v=rBFjaq_Do9s> (includes Spanish sub-titles), Erika, Aerial, Laniyah and Magaly <https://www.youtube.com/watch?v=xRVEL8N7HDU> Meet Joe, Marie & Flenard <https://www.youtube.com/watch?v=gOwBnrejZH8>

**Other questions or conversation starters for Supervision:**

* Where might your personal values/culture around pregnancy and infant care come into conflict with a families’ values/culture?
* How comfortable do you feel with your knowledge base around fetal development and maternal changes of pregnancy? What additional learning/support would help you feel more comfortable?
* What will be the most enjoyable part of working with pregnant women/expecting families?
* What will be the most difficult part of working with pregnant women/expecting families?
* What will you do if you are asked for medical advice? (i.e. medication safety, warning signs, amniocentesis?)
* How do you think you would respond to a client who has a miscarriage? A still birth? A baby with special needs?
* How do you feel about working with dads? What might be difficult? How might you navigate that?
* What knowledge, training, experience do you have working with clients around behavior change? What additional training or support might be helpful?