



VIRTUAL GROUP PCIT

PARENTING WITH PRIDE (PwP)

COVID-19 introduced a worldwide awakening to the mental health needs of young children. In order to reach the waitlist of families desperate for services, and to provide a safe alternative to in person therapy, virtual PwP was created to reach many families at once.

HOW DOES PWP WORK?

Up to 6 Caregivers and their child meet with therapists online in a group setting once per week for 1 hour for 6 weeks. The therapist teaches parenting skills, coaches parents during real-time interactions, and provides therapeutic advice and continuous assessment.

1
2 of all children enrolled in PwP showed vast improvement*



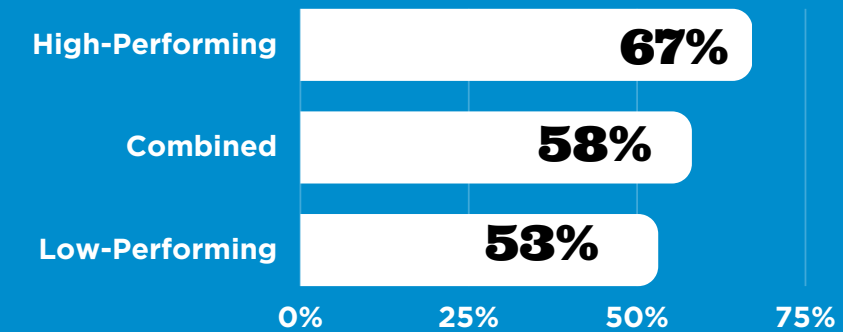
30% ↑

*Defined as a greater than 5% change in clinical problem behavior scores measured with the ECBI

PERFORMANCE

ATTENDANCE

Higher attendance correlated with improvement in problem behaviors

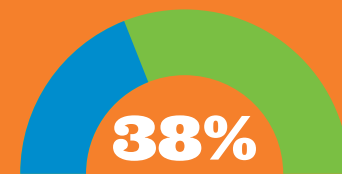


PROGRAM COMPLETION

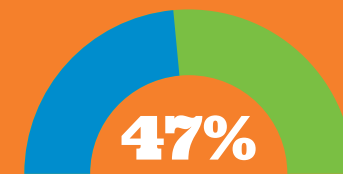
4 of 9 families successfully completed the program



HOMEWORK COMPLETION 5 MINUTES DAILY



Overall average of adherence to special play time



High-performing family average of adherence to special play time



WHAT IS PWP?

PwP is a child therapy with components from the goldstandard for early childhood intervention, Parent-Child Interaction Therapy (PCIT). Whether it's temper tantrums, hitting and destructive behaviors, or poor listening, PwP helps 2-7-year-old children learn better ways of expressing themselves and emphasizes obedience, listening skills, and positive play and bonding



For more information, please contact Leah Cerwin, LCSW, at Lcerwin@childrenswi.org

@institutechildfamilywellbeing

Institute for Child and Family Well-being

