



Virtual Group PCIT Parenting with Pride

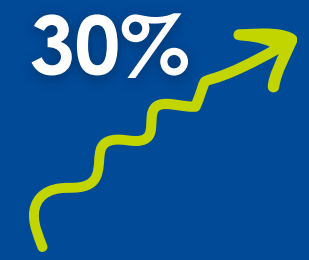
Just-in-Time innovators at ICFW prototyped virtual group therapy using an early childhood intervention, Parent Child Interaction Therapy (PCIT) as COVID-19 challenged typical, in-person access to health care and support networks.

How does PWP Work?

Caregiver and child meet weekly with a therapist virtually for 6 weeks in a small group for 1 hour. Parents are taught play-based skills shown to enhance relationships, play with their child and gets live coaching from the therapist and learns by observing others.

1 Performance

2 of all children enrolled in PwP showed significant improvement*



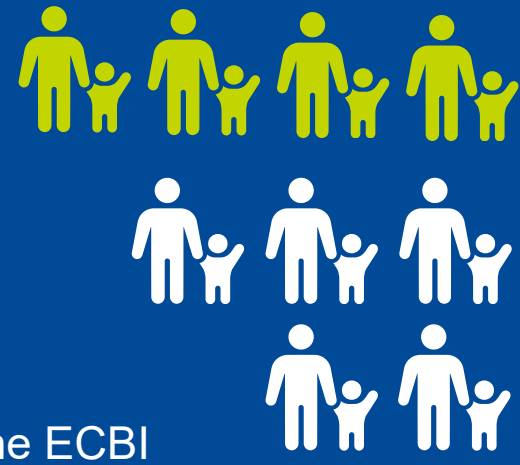
Attendance

Higher attendance correlated with improvement in problem behaviors



Completion

4 of 9 pairs completed



*Defined as greater than 5% change in clinical problem behavior scores measured with the ECBI

What is Parenting with Pride?

PwP is an early childhood therapy with components from the gold standard, (PCIT). Whether it's temper tantrums, hitting, destructive behaviors or poor listening, PwP helps 2–7-year-old children learn better ways of expressing themselves and emphasizes obedience, listening skills, positive play and bonding.

5 MINUTES DAILY HOMEWORK COMPLETION

47%

High-performing family average of adherence to special play time



For more information, please contact Leah Cerwin, LCSW, at Lcerwin@childrenswi.org

@institutechildfamilywellbeing

Institute for Child & Family Well-Being

