

Mobility Mentoring[®]

Many families today are overloaded with stress. This overload taxes our ability to make decisions and tends to make us “lose sight” of important information. In life or death situations, intense focus is very helpful, but is especially limiting while living with chronic stress. EMPATH developed Mobility Mentoring[®] (MM). MM has participants partner with a coach to acquire resources, build skills and sustain new habits to attain and preserve their economic independence.

Process

- Coaching
- Self-Assessment
- Goal Setting
- Recognition

Implementation

Some **Children's Wisconsin's** programs use MM across the state, in addition to 1000+ member organizations across the globe.

Mobility Mentoring[®] Essential Elements



Coaching for
Economic Mobility



Economic Mobility
Bridge[®]



Goal Setting



Recognition



Continuous Improvement

www.empathways.org/approach/mobility-mentoring

98% of member orgs
recommend Mobility
Mentoring

68% of goals completed
across all EMPATH
programs in 2018

94% of participants
working or in school

