# CDI– Do Skills: Relationship Enhancement

## P.R.I.D.E.

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<th>Picture Icon</th>
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| ![Thumb's Up](image1.jpg) | **P ● Praise Behavior** | • Increases behavior you like  
• Adds warmth to relationship  
• Models positive social skills  
• Increases self-esteem  
Examples: You’re so good at cleaning up!  
Awesome waiting your turn!  
Great job sharing! |
| ![Talk Back Parrot](image2.jpg) | **R ● Reflect Speech** | • Shows child you’re listening well  
• Practice to hear words pronounced  
• Allows child to lead conversation  
• Increases communication  
Examples: (kid) “I made it a lello one.”  
(parent) “You made a yellow star.” |
| ![Imitate](image3.jpg) | **I ● Imitate Play** | • Shows you approve of child’s play  
• Child starts to model your behavior  
• Teaches child how to interact  
• Helps child feel important  
Examples: (parent) “I’m going to do the same thing you are doing because that looks fun.” |
| ![Describe](image4.jpg) | **D ● Describe Behavior** | • Describes child’s body in action  
• Teaches organization & concepts  
• Increases child’s focus on task  
• Slows down an active child  
Examples: You’re sitting quietly.  
You’re building with blocks.  
You’re coloring carefully. |
| ![Enjoy Time Together](image5.jpg) | **E ● Enjoy Time Together** | • Creates warmth in the relationship  
• Shows how much you care  
• Models positive emotions  
• Demonstrates social skills  
Examples: Smiling & laughing together.  
Making eye contact, giving a pat on the back or a hug. |

### CDI– Don’t Skills: Relationship Enhancement

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<th>Why Avoid This Skill?</th>
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| ![Question Symbol](image) | **Q • Questions** | • Doesn’t allow the child to lead play  
• May trigger oppositional response  
• Requires an answer  
• Interrupts the play  

Examples: “What color is this?”  
“What are you making now?”  
“Do you want me to help you?” |
| ![Command Symbol](image) | **C • Commands** | • Playing is one time child can lead  
• Commands take the lead away  
• Minimize negative interaction  

Examples: “Look at this.”  
“Try using this block.”  
“Let’s play with this toy.” |
| ![Criticizing Symbol](image) | **C • Criticizing** | • Doesn’t work to stop bad behaviors  
• Often increases criticized behavior  
• May lower the child’s self-esteem  
• Creates an unpleasant interaction  

Examples: “You’re being naughty.”  
“No, honey, that’s not right.”  
“I don’t like it when you talk back.” |

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**What About Tantrums & Misbehavior?**

| ![Differential Attention Symbol](image) | **D • Differential Attention** | What To Do:  
• Remain non-reactive  
• Avoid eye contact  
• Physically move away  
• Engaging in new activity  
• Consistently ignore behavior  

Why This Works:  
• Avoids increasing bad behavior  
• Decreases mild/irritating behaviors  
• Helps child notice difference between caregiver’s responses to positive instead of negative behavior |

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**AVOID:** NO DON’T STOP QUIT NOT

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