



The Wisconsin Trauma Project

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Learning Collaborative

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

TF-CBT is an evidence-based, short-term treatment model that effectively improves a range of trauma-related outcomes in children/adolescents, ages 3 to 18, and caregiver. TF-CBT is highly effective at improving youth posttraumatic stress disorder (PTSD) symptoms as well as many other trauma impacts, including affective (e.g. depressive, anxiety), cognitive and behavioral problems, as well as addressing the participating parent's or caregiver's personal distress about the child's traumatic experience, effective parenting skills, and supportive interactions with the child.

TF-CBT Learning Collaborative

The TF-CBT Learning Collaborative is a 12-month process comprised of:

- 5 in-person training days with TF-CBT national trainers
- 14 group consultation calls with a TF-CBT national trainer, one hour each
- TF-CBT webinar (10 hours, self-paced)
- Child Traumatic Grief webinar (6 hours, self-paced)
- Read TF-CBT clinical implementation book: "Treating Trauma and Traumatic Grief in Children and Adolescents" provided by DCF as part of the learning collaborative

Clinicians participate in teams with a supervisor. Clinicians will learn and apply TF-CBT by implementing the treatment model with 3-5 clients. Supervisors implement the model with 1-3 clients and participate in an additional monthly supervisor consultation call. The TF-CBT Learning Collaborative training aligns with eligibility requirements for national TF-CBT certification.

Requirements for participation in the TF-CBT Learning Collaborative

The following are requirements for participation in the learning collaborative:

- Master's-level, licensed mental health clinician (or in training)
- Routinely serve CPS-involved children and families
- Accept Medicaid and have openings for new Medicaid referrals
- Clinical focus or specialization in children and/or adolescents
- Willing and able to commit to learning collaborative requirements

Attendance at all trainings and consultation calls is mandatory. The Learning Collaborative process is interactive and requires active participation and implementation of the model. Supervisors must participate in clinical consultation calls and supervisory calls. Clinicians who treat children in the child welfare system, have demonstrated a strong interest in learning about trauma-focused and evidence-based interventions, and who are prepared to make this commitment are ideal participants.



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Participation Fee

DCF has secured funding to cover the majority of the costs; however, a fee of \$120 per clinician is required to participate in the training. This fee contributes to covering cost of two national trainers, textbooks, materials, continuing education credits, and logistics.

Wisconsin Trauma Project

The TF-CBT Learning Collaboratives are part of the larger Wisconsin Trauma Project at the Department of Children and Families. The Trauma Project works to strengthen trauma-informed care infrastructure throughout the state.

Trauma and Recovery Project

The Trauma and Recovery Project is an extension of the Trauma Project funded through a five-year grant from Substance Abuse and Mental Health Services Administration (SAMSHA). The project promotes accessible, coordinated, and effective trauma-focused treatments for children and families that are in the child welfare system or that are at risk of entering the system in Milwaukee and Racine counties. DCF provides oversight of the grant while partnering with Children's Hospital of Wisconsin (CHW), Office of Children's Mental Health (OCMH) and the University of Wisconsin-Milwaukee (UW-M).

2020 Learning Collaborative Sessions

1. South Milwaukee – Crowne Plaza Milwaukee Airport

6401 S. 13th Street
Milwaukee, WI 53221

Learning Session Part I: May 11-13, 2020
Learning Session Part II: October 8-9, 2020

2. Wausau – Jefferson Street Inn

203 Jefferson Street
Wausau, WI 54403

Learning Session Part I: August 11-13, 2020
Learning Session Part II: November 12-13, 2020

Registration will be coordinated by the Milwaukee Child Welfare Professional Development System. If interested, please register via the attached link: <https://tinyurl.com/tfcbt2020>

Spots are limited! Please know that clinicians registering that work in Milwaukee and Racine counties will be prioritized for the South Milwaukee Learning Collaborative.

Questions can be routed to the DCF Trauma and Domestic Abuse Program Coordinator, Kaitlin Tolliver, at kaitlinr.tolliver@wisconsin.gov