## Are you seeing these

## BEHAVIORS IN YOUR CHILD?

Children who have experienced trauma can show its effects through different behaviors. If you are seeing any of the following, it could be a sign of trauma:

Withdrawn

Quick temper Impulsive actions that can threaten health Problems sleeping

Regression in development (social, academic, physical, etc.)

Lying and/or cheating

Bullying

Aggression, defiance

Skipping school or running away

Drastic or sudden changes in personality

Screaming and crying

Seek help from a professional if your child is exhibiting these symptoms.



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