COURSE DATE: March 20th, 2020

Register Online: http://bit.ly/ce12642

TITLE: Evaluation and Peri-operative Management of Thumb Arthritis

DESCRIPTION: Evolution’s establishment of the human thumb has largely contributed to advance of our species, but when thumbs don’t function properly, the impact is debilitating. This course will advance your knowledge of thumb arthritis to facilitate improved patient satisfaction and performance with daily tasks. With a focus on osteoarthritis (OA) of the first carpal-metacarpal (CMC) joint, participants will gain a better understanding of complex anatomy and biomechanics principles that affect load and lead to destruction of joint surfaces. This course will include a hands-on lab to strengthen your skills in evaluation and treatment.

OUTCOMES:
1. Learners will become more familiar with kinetic chain surrounding the first CMC joint
2. Learners will understand complex anatomical and biomechanics principles of the first CMC joint
3. Learners will demonstrate competence in performing a thorough clinical evaluation of thumb pain and ruling out other common diagnoses
4. Learners will be comfortable with common procedures, timelines and therapeutic management techniques surrounding the first CMC joint
5. Learners will demonstrate understanding of principles in designing and fabricating custom orthoses for thumb arthritis.

INSTRUCTOR: Nicole A. Hoover, MS, OTR, CHT, graduated from UW-Milwaukee with a Masters in Occupational Therapy (OT) in 2011 and has since dedicated her career to advances in hand therapy. She began teaching with the UW-Milwaukee School of Continuing Education shortly after graduation and has since increased her involvement in academia, recently accepting the instructor role for the Hand and Upper Extremity Rehab course for Masters level OT students. Nicole has experience in a variety of clinical settings including ergonomics, various levels of inpatient rehab and outpatient hand therapy. She currently works at the Veterans’ Affairs (VA) Hospital. She is very passionate about hand therapy, research, knowledge sharing and networking.

LEVEL: Intermediate to Advanced

AUDIENCE: PT, OT, CHT, OTA, PTA

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AGENDA:

7:30 AM  Registration Opens
8:00 AM  Anatomy and Biomechanics of the Thumb, Pathophysiology of Arthritis
10:15 AM  Break
10:30 AM  Evaluation Considerations
11:00 AM  Conservative Management of First CMC OA
12:00 PM  Lunch (on your own)
1:00 PM  Surgical Principles and Common Surgical Procedures
2:00 PM  Post-Operative Management
3:00 PM  Break
3:15 PM  Orthosis Demonstration and Lab
5:00 PM  Question and Answer; Adjourn

COURSE #: 12642

PRICE: $255, Fee After 2/20/2020 = $295

CEU's / CLOCK HOURS: 7.5 CE Contact Hours (0.75 CEUs)

LOCATION:
UW-Milwaukee Continuing Education
Plankinton Building, 7th Floor
161 West Wisconsin Avenue
Milwaukee, WI 53203

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