COURSE DATE: 5/16/2020

TITLE: Regional Interdependence – Challenging Conventional Thinking about Musculoskeletal Disorders

DESCRIPTION: Recent studies suggest that impairments in one area of the body can be treated with interventions to adjacent regions. This course will present this concept of regional interdependence. Participants will identify research that supports evaluation and treatment techniques of anatomic regions remote from the patient's site of pain. Current concepts will be presented using manual and exercise based interventions for the spine and upper and lower extremities. Upon completion of this course, participants will learn interventions that can be immediately incorporated into clinical practice resulting in positive outcomes.

OUTCOMES:

- Define regional interdependence and understand its immediate clinical application.
- Identify more global and comprehensive evaluation and treatment methodologies with a working understanding of the interrelationship of various body regions.
- Identify and apply specific clinical prediction rules as they pertain to certain conditions of the spine and extremities.
- Identify and remove learning and problem solving barriers evident in the daily practice environment that inhibit creative problem solving skills.

INSTRUCTOR: Calvin Deutsch, PT, DPT, SCS, CSCS, is a physical therapist and owner of Deutsch Physiotherapy, a direct-pay practice in Wauwatosa, Wisconsin. He earned a Doctor of Physical Therapy degree from Creighton University, is a board certified sports clinical specialist by the American Board of Physical Therapy Specialties as well as a certified strength and conditioning specialist through the National Strength and Conditioning Association. Dr. Deutsch has practiced in an outpatient orthopedic sports medicine setting since 2003. Additionally, he has been an instructor with North American Seminars, membered panel discussions, lectured and participated in numerous community programs and events regarding running injuries, injury prevention, concussion, and performance improvement.

LEVEL: Intermediate

AUDIENCE: OTs, OTAs, PTs, PTAs, and ATs
AGENDA:

7:30 AM Registration Opens
8:00 AM Introduction and key concepts defined, conceptual framework established for evaluation, treatment, and clinical reasoning
10:00 AM Break
10:15 AM LAB: Narrow vs. broad clinical reasoning
11:00 AM Working anatomical review of the interrelationship of body regions
12:00 PM Lunch (on your own)
1:00 PM LAB: Recognition of regional hypomobility and resultant compensatory actions
2:00 PM Clinical prediction rules and application of regional interdependence within clinical practice
3:15 PM Break
3:30 PM LAB: Assessment and treatment utilizing a regional interdependent approach
4:30 PM Case studies, wrap up, question, and answer
5:00 PM Adjourn
Total class time = 7.5-hours

FOCUS:
Domain of OT: Client Factors
Occupational Therapy Process: Evaluation, Intervention, and Outcomes

COURSE #: 12625

PRICE: Early Price $255 (On or Before 4/16/2020); Standard Price $295 (After 4/16/2020)

CEU's / Clock Hours: Agenda reflects 7.5 Clock Hours (0.75 CEUs)

LOCATION:

UW-Milwaukee Continuing Education
Plankinton Building, 7th Floor
161 West Wisconsin Avenue
Milwaukee, WI  53203

Register Online: http://bit.ly/ce12625