COURSE DATE: January 17, 2020  

Register Online: http://bit.ly/ce12479

TITLE: Diabetes – The Impact Therapy Can Make

DESCRIPTION: In 2015, 30.0 million individuals had been diagnosed with diabetes (DM) in the United States. $327 billion was the total cost spent on DM in 2017. Diabetes causes multi-organ disorders from diabetic retinopathy, peripheral neuropathy, vestibular issues and a compromised cardiovascular system. Individuals struggle with managing their diabetes whether it is type 1 or type 2. This course will provide a review of the pathophysiology of DM. It will also include an overview of medications used to manage this disease. This course will provide tools required for therapists to complete their essential role in equipping these individuals in successfully self-managing their illness. One example is low vision modifications to allow diabetics to manage their medication containers and draw up insulin. Therapists can provide education regarding food labels during meal prep or education on the impact exercise on blood sugars. Guideline for prescribing a treatment program will be incorporated into the course. Therapists can positively impact the overall diabetes management of our clients and therefore improve their functional outcomes and quality of life.

OUTCOMES:
- Accurately differentiate between define non-compliance vs health illiteracy
- Identify 3 strategies to overcome noncompliance
- Understand the roles of OT/PT/SLP in diabetes management
- Identify the signs of hyper and hypoglycemia
- Knowledge of the common medications used to treat DM, adverse side effects and therapy implications
- Knowledge of optimal blood sugar ranges and effect exercise will have on blood sugars
- Implement evidence based strategies during assessment and treatment of patients with diabetes
- Integrate patient education into treatment sessions to foster self-management
- Identify resources available for patients or caregivers involved in the management of diabetes

INSTRUCTORS:

Jodi Borck graduated in Occupational Therapy from UW-Milwaukee in 1995. She began her career in sub-acute rehab and then transitioned to homecare where she has worked for the past 19 years. Jodi is a volunteer for the Family Link committee for the American Diabetes Association from 2012 to 2017 and currently is the Milwaukee Coordinator of the Slam Dunk for Diabetes basketball camp and the Kicking Diabetes Soccer Camp.

Virginia Bowen has 25 years of experience in homecare. She received her t-DPT at the College of St Scholastica. In her current role, she develops and teaches the curriculum for onboarding therapists. She also develops/presents education to enhance current therapy staff’s knowledge in assessment and treatment of the geriatric population. She has worked in Colorado, Tennessee and Wisconsin. Virginia has received the CEO Impact award in 2017 and 2018 for development of education for therapists in homecare.

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LEVEL: Introductory

AUDIENCE: OTs, OTAs, PTs, PTAs, and ATs

TIME ORDERED AGENDA:

DAY ONE
   7:30 AM  Registration Opens
   8:00 AM  Overview of Chronic Diseases and statistically data
   8:20 AM  Pathophysiology of DM, screenings and discussion of hypo/hyperglycemia
   9:30 AM  Commonly prescribed medications and adverse side effects
  10:15 AM  Break
  10:30 AM  Medical Devices for Diabetes – what you need to know
  11:00 AM  Assessment including use of Objective Measurement
  12:30 PM  Lunch (on your own)
   1:30 PM  Effect exercise has on blood sugars and prescribing a treatment program
   3:15 PM  Break
   3:30 PM  Case study
   4:30 PM  Question and Answer; Adjourn

FOCUS:  Domain of OT: Client Factors Occupational Therapy Process: Intervention & Outcomes
COURSE #: 12479

PRICE: $255 before 12/17/2019; $295 after 12/17/2019

CEUs: 0.7 CEU’s (7 Clock Hours)

Location:
UWM School of Continuing Education
161 W Wisconsin Ave; 7th Floor
Milwaukee, WI 53203

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