COURSE DATE: May 30, 2020

TITLE: Kinesio Taping 4: Specialty Concepts Hand Therapy

DESCRIPTION: KT4 Hand is an 8 hour advanced seminar appropriate for practitioners who treat upper extremity/hand problems. Participants will have completed KT1, KT2, and KT3 prior to enrolling in KT4 Hand. In this seminar we will explore common diagnoses seen in the hand clinic and present suggested taping techniques for them. The seminar will utilize lecture, lab, and case studies to demonstrate appropriate taping techniques. Assessment of the diagnoses presented will help the student to apply similar techniques to any indicated problem they should encounter in the clinic. According to the acuity of injury, we will utilize techniques to target the most superficial tissues to the deepest. In addition we will also encourage problem solving by the students to enhance the learning process.

Upon Completion of this course, the student will be able to apply advanced Kinesio Taping Techniques to Upper Extremity Sports and Orthopedic conditions, progressing from acute to chronic:

- Joint Instability
- Repetitive Strain Injuries
- Fractures
- Tendinitis
- Nerve Injury
- Sprain / Strain
- Posture

The student will be able to apply advanced techniques and concepts to other orthopedic or sports diagnoses they may find in practice.

PRE-REQUISITE: Completion of Kinesio Taping Association (KTA) approved Day 1, Day 2, & Day 3 courses

LEARNING OUTCOMES:

- Identify the basic concepts of the Kinesio taping method
- Explain and apply advanced concepts of the Kinesio taping method
- Demonstrate application skills in guided laboratory sessions
- Apply advanced clinical taping techniques for treatment of Upper Extremity conditions
- Identify various Kinesio taping methods to treat sprains, joint instability, and nerve compression in the Upper Extremity
- Apply advanced Kinesio Taping Techniques to Upper Extremity to treat acute to chronic Sports and Orthopedic conditions

LEVEL: Advanced

AUDIENCE: PTs, OTs, OTAs, PTAs, ATs, Physicians, Chiropractors, Licensed Acupuncturists, Licensed Massage Therapists, and other allied health professionals

INSTRUCTOR: Teri Casagranda, PT, DPT, CHT, CKTI graduated with her MSPT from the University of North Florida in Jacksonville in 2001, earned her DPT from Boston University in 2006 and became a CHT in 2007, she became a KTA in 2011 and has been a CKTI Since 2016. Teri worked at the Hand to Shoulder Center in Appleton from 2002 to 2013 and is currently working in the outpatient setting at Door County Medical Center Rehab Services in Sturgeon Bay, WI.

Register Online: http://bit.ly/ce12360
AGENDA

8:00 AM  Introduction
8:10 AM  Lymphedema and Swelling of Upper Extremity
8:30 AM  Wrist sprain, TFCC
9:00 AM  PIP/DIP Sprain/Pain
9:20 AM  Metacarpal Fractures
9:50 AM  CMC Joint Arthritis
10:10 AM Break
10:20 AM  Ulnar Drift of MCP’s
10:30 AM  Dorsal Ganglion
11:10 AM  Lateral Epicondylitis
11:30 AM  Medical Epicondylitis
11:50 AM  Summary of morning
12:00 PM  Lunch (on your own)
1:00 PM  Little League Elbow
1:20 PM  Ulnar Nerve Compression
1:40 PM  ECU Subluxation
2:00 PM  Finger Flexor Facilitation
2:20 PM  Shoulder Instability
2:40 PM  Problem Solving (Case Study)
2:50 PM  Break
3:00 PM  Humeral Fractures Case Study
4:00 PM  Scar Tapings
5:00 PM  Question and Answer
5:30 PM  Adjourn

REQUIRED COURSE MATERIALS: Please wear/bring the following to the course:

• Wear shorts and a t-shirt or tank top for lab; exposed skin is needed to apply Kinesio tape.
• It is recommended to dress in layers, as the room may be cold during lectures
• Pillow, towel, or blanket
• Scissors


Course #: 12360


CEU's / CLOCK HOURS: 0.8 CEU's (8 Clock Hours)

LOCATION: UW-Milwaukee Continuing Education

Plankinton Building, 7th Floor
161 West Wisconsin Avenue
Milwaukee, WI  53203

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