COURSE DATE: September 20 - 21, 2019

Register Online: http://bit.ly/ce11860

TITLE: Building Clinician’s Toolbox. Tools for Assessment and Treatment in Post Stroke Care

DESCRIPTION: “There is no health without brain health”. This statement comes from the XXIII World Congress of Neurology. Yet, each year, approximately 795,000 people in the United States experience a new or recurrent stroke. Stroke becomes a leading cause of serious long-term disability in the United States. Stroke-related costs are projected to more than double by 2035. There is an urgent necessity to continue developing efficient and cost-effective treatment strategies to address impairments associated with stroke. This two-day course will guide the participants through various treatment ideas for management of stroke which can be implemented in various setting including acute care, outpatient, and home care settings. Evidence based practice will be highlighted and instructor’s own experience will emphasize the impact of proper positioning, breathing exercises, modalities, and orthoses on patient’s recovery after the stroke. Participants will leave with the knowledge to produce evidence-based outcomes and interventions that will improve therapeutic outcomes while working with patients post stroke.

OUTCOMES:
- Describe structural anatomy of the normal brain and changes resulting from stroke
- Explain neuroplasticity and spasticity using the latest research
- Identify reliable stroke-specific outcome measures
- Understand the role of the respiratory system in post stroke recovery
- Implement the use of treatment techniques to reduce the symptoms of the hemiplegic shoulder.
- Complete post stroke gait analysis and choose strategies that produce results
- Effectively choose the most appropriate modality for management of post-stroke postural and other functional impairments
- Effectively choose the most appropriate orthoses to influence post stroke recovery
- Learn the role of community exercise and implement strategies for the continuum of care using the right resources

INSTRUCTOR: Ewa Jaraczewska, PT, CKTI, C/NDT
Ewa Jaraczewska, PT, CKTI, C/NDT, has over 30 years of experience in multiple settings, including acute care, inpatient rehabilitation, outpatient clinic and home care, treating children and adults with neurological disorders. She is a clinical instructor, researcher, and lecturer. She has completed an internship at the Center for Children with Duchenne Dystrophy in France. Ewa has developed a multidisciplinary clinic for patients with Parkinson’s disease. As a Certified Kinesio Taping Instructor she is a regular contributor to the Kinesiotaping University as a presenter during the Kinesio Taping Symposia and as an instructor for Kinesio Taping courses nationally and internationally. Her past contributions included presentations on Kinesio Taping Method in Stroke and Kinesio Taping Method in Parkinson’s disease. She co-wrote KT4 Neuro manuscript. Ms. Jaraczewska has co-authored articles and abstracts published in peer-reviewed journals including Topics in Stroke Rehabilitation, Rehab Management, and Family Medicine & Primary Care Review. She received her degree as a physical therapist from the Academy of Physical Education, Physical Therapy School in Warsaw, Poland. She is currently pursuing a PhD in Health Care.

LEVEL: Introductory

AUDIENCE: OTs, OTAs, PTs, PTAs, SLPs, and ATs

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AGENDA:

Day One
7:30 AM  Registration Opens
8:00 AM  Introduction. Patient Centered Care in Stroke Rehabilitation
8:30 AM  Anatomy and Physiology. Normal Brain and Alteration in Function Resulting from Stroke
9:30 AM  Understanding Neuro Terminology: Neuroplasticity, Spasticity
10:00 AM Spasticity Management: Assessment and Treatment
10:30 AM Break
10:45 AM  Stroke-Specific Outcome Measures
11:30 AM  Pulmonary System and its Function after Stroke. Tools to Influence Functional Performance
12:15 PM  Lab: Pulmonary System; Case series
1:00 PM  Lunch (on your own)
2:00 PM  Hemiplegic Shoulder. Tools to Effect ROM Limitations, Pain, and Edema.
2:45 PM  Lab: Hemiplegic Shoulder; Case Series
3:15 PM  Gait Assessment. Tools to Assess Limitations and Establish Treatment Plan
3:45 PM  Break
4:00 PM  Lab: Gait Assessment. Case Study
4:30 PM  Discharge Planning
5:00 PM  Questions and Answers
5:30 PM  Adjourn

Day Two
8:00 AM  Orthotic Management: Compression Braces and Straps
9:00 AM  Lab: Compression Braces and Straps to Influence Trunk, UE and LE Alignment
10:30 AM Break
10:45 AM  Modalities: Rigid Taping
11:00 AM  Lab: Rigid Taping for Trunk, UE and LE Alignment
12:30 PM  Lunch (on your own)
1:30 PM  Review of Casting and Splinting Options
2:00 PM  Exercise and Fitness: Best Practice Guidance
2:45 PM  Clinician’s Toolbox: Shoulder
3:30 PM  Questions and Answers
4:15 PM  Adjourn

Content Focus: Domain of OT: Client Factors  Occupational Therapy Process: Intervention and Outcomes

COURSE #: 11860

PRICE: $500

CEU's / CLOCK HOURS: 1.5 CEU’s (15 Clock Hours)

LOCATION:
UW-Milwaukee Continuing Education, Plankinton Building, 7th Floor
161 West Wisconsin Avenue, Milwaukee, WI 53203

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