COURSE DATE: April 20th, 2019

TITLE: Introduction to Clinical Aromatherapy

DESCRIPTION: Clinical Aromatherapy is the therapeutic use and application of pure, plant-derived essential oils to promote healing of body, mind and spirit based upon an individuals’ needs and state of health. Intro to Clinical Aromatherapy examines the history, core concepts and clinical application methods of essential oils to promote healing. Participants will learn basic plant taxonomy and methods of extraction, basic chemistry and safety guidelines.

OUTCOMES:
- Explain the ancient and modern history of aromatherapy
- Identify the basic plant taxonomy and methods of extraction
- Summarize the basic outline of chemistry and functional groups of essential oils
- Demonstrate the clinical methods of application and safety guidelines
- Outline aromatherapy in Healthcare
- Participants will create and prepare blends to take home for personal use

INSTRUCTOR: Lisa Paull, OTR, CLT, MaEd, CCAP, has been a practicing clinician for over 20 years. She earned her bachelor’s degree in Occupational Therapy in 1996, then went on to complete a Master’s Degree in Adult and Continuing Education at Carroll University in 2005. Lisa became a Leduc certified lymphedema therapist in 1998, and has specialized in outpatient lymphedema and Breast Cancer rehabilitation for the past 19 years. Lisa became certified in Clinical Aromatherapy in 2017, and is currently involved in the program development of aromatherapy in her clinical setting.

LEVEL: Introductory

AUDIENCE: OTs, OTAs, PTs, PTAs, SLPs, and ATs

TIME ORDERED AGENDA:

- 7:30 AM  Registration Opens
- 8:00 AM  Ancient and modern history of aromatherapy
- 9:00 AM  Basic plant taxonomy and methods of extraction
- 10:00 AM  Break
- 10:15 AM  Basic outline of chemistry and functional groups of essential oils
- 12:00 PM  Lunch (on your own)
- 1:00 PM  Aromatherapy uses in Healthcare
- 2:45 PM  Break
- 3:00 PM  Lab; Blending for functional use
- 4:30 PM  Question and Answer; Adjourn

FOCUS:
Domain of OT: Areas of Occupation
Occupational Therapy Process: Evaluation, Intervention, and Outcomes

Register Online: http://bit.ly/ce11744