

B.S. Kinesiology: Exercise Science · Sample 4-Year Plan



Fall	Credits
SOCIOL 101: Introduction to Sociology	3
KIN 200: Introduction to Kinesiology	3
PSYCH 101: Introduction to Psychology	3
ENGLISH 102: College Writing / Research	3
MATH 105: Intermediate Algebra	3
Total	15

Spring	Credits
CHEM 100: Chemical Science	4
COMMUN 103: Public Speaking	3
GER-Humanities	3
Elective course(s)	3
Sport & Rec: Choose one (level 292-298)	1
Sport & Rec: Choose one (level 292-298)	1
Total	15

Fall	Credits
BIO SCI 202: Anatomy & Physiology I	4
KIN 270: Statistics in Health Professions	3
ENGLISH 207: Health Science Writing	3
GER-Arts	3
Elective course(s)	3
Total	16

Spring Advancement to major in February.	Credits
PHYSICS 120: General Physics I	4
BIO SCI 203: Anatomy & Physiology II	4
GER-Cultural Diversity	3
Elective course(s)	3
Total	14

Fall	Credits
KIN 300: Professional Prep. Seminar	1
KIN 320: Biomechanics	3
KIN 350: Psych Aspects of Sport/Exercise	3
NUTR 235: Nutrition for the Health Prof.	3
Elective course(s)	3
Elective course(s)	3
Total	16

Spring	Credits
KIN 351: Soc. Aspects of Health/Mvmt.	3
KIN 361: Principles of Motor Learning	3
Correlate course from approved list	3
Correlate course from approved list	3
Elective course(s)	3
Total	15

Fall	Credits
KIN 330: Exercise Physiology	4
KIN 360: Motor Development	3
Correlate course from approved list	3
Elective course(s)	3
Elective course(s)	1
Total	14

Spring Graduate.	Credits
KIN 400: Ethics & Values	3
Correlate course (must be KIN 500+)	3
Correlate course (must be KIN 300+)	3
Correlate course from approved list	3
Elective course(s)	3
Total	15
Total	120

Action Items for Student

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Tips for Success

1. Schedule an advising appointment each semester during your time in the College of Health Sciences: (414) 229-2758.
2. Review your academic requirements in PAWS (in the drop-down menu in the Academics section of your student center).
3. Enroll for classes at the time of your enrollment appointment (available in your student center in PAWS).
4. Email Torry if/when questions arise: tjrifer@uwm.edu.

This planner is provided as a guide for selecting courses in upcoming semesters. Listed courses are based on your degree requirements and individual needs to meet prerequisites and GERs. It is possible these courses differ from those listed as official degree requirements documented in the UWM Undergraduate Catalog and the College of Health Sciences Program Descriptions. This form does not serve as verification of graduation requirements. Should a discrepancy occur between the published requirements and planner, please contact your advisor for clarification. Students are responsible for understanding their degree requirements and verifying the accuracy of this information.

This plan assumes the student will 1) satisfy the foreign language requirement with high school credits, and 2) place into Math 105 and English 102.

This plan does *not* include the prerequisites for admission to a doctoral program in physical therapy.

See page 3 for such a plan.