COURSE DATE: 10/5/2018

TITLE: Wound Management for the Lymphedema Therapist

DESCRIPTION: This course is designed for the certified lymphedema therapist and anyone who treats lower extremity edema and/or wounds who want to acquire a more in depth knowledge of wound care principles and treatment. There will be an emphasis on hands on learning as well as case study presentations.

OUTCOMES:

- Identify and explain basic wound healing principles
- Differentiate the etiology of common wound types (arterial, venous, diabetic/neuropathic, etc.)
- Define the characteristics that should be included in the assessment of every wound
- Identify the most common types of dressing categories available and when to use them
- Describe the Ankle brachial index (ABI) and Toe brachial index (TBI) and the importance of palpating pulses prior to providing compression therapy
- Explain the signs and symptoms of local infection and increased bioburden in acute versus chronic wounds
- Identify different types of skin conditions found in lymphedema patients and how the therapist can manage these most effectively
- Identify the basic dressings needed by a certified lymphedema therapist

INSTRUCTOR(S):

Margaret McCarty Stanisic, PT, CLT, CWS, MS is a physical therapist working in the Wound Healing Program at a large teaching hospital in Milwaukee, Wisconsin. She has been treating patients with wounds as well as lymphedema full time for the last 16 years. She has been a practicing physical therapist since receiving her B.S. from Northwestern University Physical Therapy program in 1986. She received her Master of Science degree with Orthopedic focus from University of Pittsburgh in 1993. Her specialty certification areas include becoming a Certified Lymphedema Therapist in 2002 and a Certified Wound Specialist from the American Academy of Wound Management in 2011. Clinically, her interests include edema, wound care and bariatric medicine. She has been involved in treating patients in acute care, long term/sub-acute and home health care settings as well as in an outpatient hospital clinic over her 32 years as a PT. She has co-authored a paper on the use of Ultrasonic Debridement for Treatment of Venous Leg Ulcer. She has lectured extensively locally as well as nationally to PT students, PT's, OT's, RNs and MDs on wound care and edema management. She also provides education and mentoring of nursing and medical students as well as medical staff who have an interest in wound and edema management.

Barbara Provo MSN, FNP-BC, APNP, CWON is a nurse practitioner and clinical coordinator for the Wound Healing Program at one of Milwaukee’s top level 1 trauma and academic teaching hospitals, where she has worked for the past 15 years. She received her Bachelor of Science in Nursing degree from Loyola University, Chicago and her Masters in Nursing in the Family Nurse Practitioner Program from Concordia University of WI. She received her certification in the specialty area of Wound, Ostomy and Continence Nursing from Abbott Northwestern in Minneapolis and has practiced in this area for 38 years. Her clinical practice settings include acute care, home care, long-term and sub-acute care. She also spent 5 years working with industry to develop a wound disease management program. She has co-authored several articles and a book chapter on venous leg ulcer management, and has presented regionally and nationally on topics related to skin and wound care. She continues to be passionate about teaching, mentoring and coaching other clinicians in wound and edema management. She believes that holistic, collaborative, patient-centered care is critical to achieving the best clinical outcomes.

Register Online: http://bit.ly/ce11370
LEVEL: Introductory

AUDIENCE: OT, OTA, PT, PTA, CLT

AGENDA:

8:00 AM  Introduction
8:30 AM  Basic Wound Healing Principles - TIME
  a. Tissue
  b. Infection and Bioburden
  c. Exudate / Moisture
  d. Edge-Undermining, Epibole, etc.
9:30 AM  Etiology of Wounds
  a. Arterial
  b. Venous
  c. Mixed Venous / Arterial
  d. Diabetic Neuropathic
  e. Traumatic / Post-Surgical
  f. Pressure
10:15 AM Skin Conditions in Lymphedema Patient
10:45 AM Break
11:00 AM Assessment of Tissue Perfusion
  a. ABI and TBI: Its Importance and How to Palpate Pulses - Lecture and Lab
  b. Other Methods of Evaluating Circulation
12:00 PM Lunch (on your own)
1:00 PM  Topical Dressing Categories and When to Use
  a. Hands on Session
2:00 PM  Advanced Therapies
  a. Negative Pressure Wound Therapy
  b. Cellular Tissue Products
  c. Other
2:45 PM  Break
3:00 PM  Guidelines for Treatment of:
  a. Arterial Wounds
  b. Venous Wounds
  c. Pressure Wounds
  d. Neuropathic / Diabetic Wounds
  e. Traumatic / Post-Surgical Wounds
3:30 PM  Basic Supplies Needed in a Lymphedema Clinic
4:00 PM  Case Studies - Group Discussion and Presentation
4:30 PM  Question & Answer; Adjourn

Register Online: http://bit.ly/ce11370
Domain of OT: Client Factors

Occupational Therapy Process: Intervention and Outcomes

COURSE #: 11370


CEU’s / CLOCK HOURS: 0.7 CEU’s (7 Clock Hours)

LOCATION:

UW-Milwaukee Continuing Education
Plankinton Building, 7th Floor
161 West Wisconsin Avenue
Milwaukee, WI  53203

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