**College of Health Sciences**  
**Continuing Education Course Syllabus**

**COURSE DATE:** January 11 – 12, 2019

<table>
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<tr>
<th><strong>TITLE:</strong></th>
<th>Posture and Alignment for Feeding and Swallowing: A Contemporary Pediatric Neuro-Developmental Treatment Approach</th>
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**DESCRIPTION:** This workshop is designed to provide information related to the evaluation and treatment of children with cerebral palsy and other neuromuscular disorders. Evidence from contemporary science and greater understanding of current theories in motor behavior are drawn upon to enhance clinical reasoning skills in Neuro-Developmental Treatment (NDT). It includes assessing a client according to the ICF model and utilizing task analysis to organize and provide effective treatment strategies. The format will be lecture, patient demonstrations, and lab opportunities. The emphasis will be placed on postural control and treatment strategies related to feeding and oral motor control. Participants will learn practical applications that they will be able to bring to their practice.

**OUTCOMES:**
- Apply basic NDT facilitation techniques.
- Demonstrate the NDT concepts of facilitation and key points of control as it is related to posture, feeding and oral motor control.
- Apply the ICF model when assessing a video patient
- Identify the types of cerebral palsy and treatment recommendations.

**INSTRUCTORS:** Bethanne Mazurczak, MS, CCC-SLP, C/NDT and Leslie Paparsenos, PT, MS, C/NDT

Bethanne Mazurczak, MS, CCC-SLP, C/NDT has been a practicing clinician since 1990 and has worked in a variety of settings that include: pediatric outpatient rehabilitation; acute care, including the Neonatal Intensive Care Unit; Neonatal follow-up clinic; home based treatment and private practice. In 1995 she received her certification in Neuro-Developmental Treatment and is currently completing her work to become a Speech Pathology instructor for the Neuro-Developmental Treatment Association. Bethanne’s primary clinical focus has been working with the pediatric and young adult populations with neuromuscular and musculoskeletal involvement. Her treatment areas of expertise include feeding and swallowing, motor-speech, early communication and respiratory/phonatory disorders. She values collaborative work with other professionals and appreciates multi-disciplinary approaches to treatment. Over the years Bethanne has utilized many treatment models of practice and advocates for dynamic, problem solving approaches. She is continually looking for new ways to provide efficient and functional outcomes to the varied and diverse populations that she serves. She is certified by the American Speech Language and Hearing Association (ASHA). In addition to NDT, Bethanne is also certified in Vital-Stim for Dysphagia and the SOS Feeding Approach. Throughout her professional career she has supervised graduate level students during their externship placements as well as having supervised many Speech-Language Pathologists during their Clinical Fellowship Year. She has presented at the local, state, national and international levels on issues relating to respiratory/sound production; swallowing function and feeding issues; early communication and speech/language development.

Leslie Paparsenos, PT, MS, C/NDT specializes in pediatric rehabilitation, serving babies, children and adolescents across a spectrum of neurological and developmental disabilities, and their families. Leslie is a certified Pediatric NDT Instructor, certified in Neurodevelopmental Treatment, and a certified clinical instructor by the APTA. She has been teaching both internationally and nationally since 2007. Leslie is committed both to supporting therapists in their clinical development and assisting families in their journey to independence.

**LEVEL:** Introductory

**AUDIENCE:** PTs, OTs, SLPs, PTAs, OTAs, and SLPAs

**AGENDA:**

Day 1
7:30 AM   Registration Opens  
8:00 AM   Introduction/Course Logistics  
8:15 AM   The Essence of NDT: Using the ICF Model to Build a Treatment Plan  
10:00 AM  Break  
10:15 AM  Lab 1: Video Assessment  
11:15 AM  Lab 2: Facilitation Techniques 1  
12:00 PM  Lunch (on your own)  
1:00 PM   Questions and Answers  
1:15 PM   Therapeutic Principles for Posture and Movement Muscles  
3:15 PM   Break  
3:30 PM   Patient Demonstration  
4:45 PM   Questions  
5:00 PM   Adjourn

Day 2
8:00 AM   Question and Answer  
8:30 AM   Treatment Principles for Children with Cerebral Palsy  
10:30 AM  Break  
10:45 AM  Lab 3: Facilitation Techniques 2  
12:00 PM  Lunch (on your own)  
1:00 PM   Patient Demonstration  
2:15 PM   Lab 4: Facilitation Techniques 3  
2:45 PM   Break  
3:00 PM   Lab 5: Small Group Problem Solving  
4:45 PM   Wrap-up  
5:00 PM   Question and Answer; Adjourn

FOCUS:
Domain of OT: Client Factors
Occupational Therapy Process: Evaluation, Intervention, and Outcomes

PRICE: $500, After 12/11/2018 = $550

COURSE #: 11149

CEU’s / CLOCK HOURS: 15 CE Contact Hours (1.5 CEUs)

LOCATION:
UW-Milwaukee Continuing Education
Plankinton Building, 7th Floor
161 West Wisconsin Avenue
Milwaukee, WI 53203