

UNIVERSITY OF WISCONSIN-MILWAUKEE

Department of Kinesiology
Program in Physical Therapy

KIN 699: Physical Therapy Clinical Internship Elective;

1-3 credits

summer, fall, winter, spring

Day/Time: This is a variable credit course in which students will be placed in clinical facilities for a 2-6 week period, with time period determined by course instructor of record. Contact hours will be determined by course instructor based upon the needs of the students. Students are expected to follow the hours requested by the course instructor of record in conjunction with the Clinical Instructor. This course may be taken up to a maximum of 6 credits.

Instructor: Ann Dietrich MS, PT

- Office: Pavilion, 363
- Office Phone: 229-2822
- HMS Pavilion Program Assistant Phone: 229-3360
- Email: dietrica@uwm.edu
- Office Hours: Will be arranged individually to meet student and Clinical Instructor needs

Location: Students will be assigned to a clinical site by the course instructor of record.

D2L web page link: to be announced

Course Prerequisites: Student in good standing in the DPT program and consent of instructor.

Course Description: The student will be assigned to a clinically based learning experience where he/she will be allowed to practice skill acquisition, clinical decision making and professional behaviors consistent with ethical and legal regulations, in real time. Consistent with the services that may be provided in a variety of settings, students may be expected to provide home care, extended care facility coverage, skilled nursing coverage, acute care, outpatient orthopedic coverage, or inpatient care under the mentoring and guidance of a Physical Therapy Clinical Instructor (CI).

Because this course is designed to meet the individual needs of a student, similar to an independent study, the student will be required to develop an Individualized Learning Plan (ILP) to be implemented during this clinical course. In the Individualized Learning Plan the student must clearly identify his/her learning needs including action plan, outcome/goals and time frame needed to meet each outcome/goal to be implemented during this clinical.

Credits earned in this course do not count toward graduation requirement.

Course Objectives: Upon completion of KIN 699 students will:

1. Achieve level of performance required for progression to next clinical experience on the behavioral criteria described in the *PT specific Professional behaviors Tool*, and noted in the "Readiness for Clinical Practice" documents.
2. Utilize information from multiple data sources to make effective clinical decisions in the practice settings. (CC-5.20)
3. Present cogent and concise rationale for clinical decisions made in the practice settings, under direct supervision and mentoring. (CPI item 7; CC-5.19)
4. Practice in a safe manner that minimizes the risk to patient, self, and others (CPI item 1)
5. Demonstrate professional behavior in all situations (CPI item 2).
6. Adhere to ethical and legal standards at all times. (CPI item 3)
7. Communicate clearly and congruent with situational needs (CPI item 4).

8. Demonstrate value in self-assessment of performance by seeking feedback from other students, clinical staff and patients.
9. Assume responsibility for individual professional development by demonstrating initiative within the clinical learning environment and via development and updating of the Individualized Learning Plan. (CPI item 2)
10. Discuss professional behaviors with CI and modify behavior, if necessary, consistent with feedback provided.
11. Adhere to all facility policy and procedures.

Instructional Methods: Students will learn by exposure to direct patient care with mentoring and direction provided by the Clinical Instructor. Additionally, students will develop an individualized learning plan and will engage in self-reflection via journaling and discussion with CI and course instructor. Student is expected to demonstrate and document consistent progression toward objectives on the learning plan.

Course Content:

Due to the variable credit nature of this course and the variety of clinical experiences possible, it is understood that not all of the following course content may be covered in every course. Specific content will be determined by the Clinical Instructor and the course instructor of record to meet the needs of the student.

Course Clinical Content

- I. Evaluation/Exam Techniques
 - a. Medical History
 - b. System Screen
 - c. Range of Motion
 - d. Manual Muscle Testing
 - e. Palpation
 - f. Balance Assessment
 - g. Coordination Assessment
 - h. Sensory Testing
 - i. Gait Assessment
 - j. Posture Assessment
 - k. Special tests
 - l. Developmental assessment or screen
- II. Treatment Techniques
 - a. Physical Agents
 - b. Therapeutic Interventions
 - c. Patient/family Instruction
- III. Written and Verbal Communication
 - a. Initial Evaluation Report
 - b. Development of Plan of Care
 - c. Daily Progress Notes
 - d. Monthly Progress Notes
 - e. Home program/instructions
 - f. Other necessary medical/healthcare communication
- IV. Interdisciplinary aspects of Healthcare
 - a. Interaction with other rehabilitation professionals
 - b. Interaction with other health care practitioners outside the rehabilitation disciplines
- V. Professional Behavior
 - a. Abides by facility policy and procedures (CC-5.1)
 - b. Accepts responsibility for own actions (CC-5.4)
 - c. Demonstrates ethical decision making. (CC 5.1)
 - d. Completes accurate self-reflection skills
 - e. Respects confidentiality of patients (CC-5.10)
 - f. Seeks informed consent for patient care (CC-5.9)
 - g. Maintains professional appearance (CC-5.11)

- h. Raises relevant questions (CC-5.11)
- i. Assumes responsibility for self-directed learning (CC-5.12)
- j. Works effectively in a team (CC-5.12; CC-5.13; CC-5.14)
- k. Apply knowledge of communication skills to the clinical setting (CC-5.17)
- l. Be aware of own body language. (CC-5.17)
- m. Be an active listener. (CC-5.17)
- n. Be aware of other's non-verbal communication. (CC-5.17)
- o. Demonstrates accurate self-assessment (CC-5.12)
- p. Accepts constructive criticism and acts upon recommended changes (CC-5.14)
- q. Provides constructive criticism to peers (CC-5.13)
- r. Modification of behavior based upon the environment, such as patient schedule, feedback from CI, verbal and non-verbal communication of patient and various other elements of the environment that may require behavior modification.

VI. Self Assessment

- a. Completes accurate self assessment
- b. Modifies behaviors/performance based upon self assessment
- c. Accurately tracks progression toward leaning objectives

It is understood that students will not be independent in all of the above activities and may require guidance and supervision of the Clinical Instructor for content listed I – IV in order to complete these tasks. Greater student independence is expected for completion of content listed under V – VI.

Course Project Content

- 1. Professional Behaviors Self-Assessment
- 2. Individualized learning plan.
- 3. Reflective journal

Course Evaluation:

The course will be graded using the Professional Behaviors Tool, Reflective Journaling consistent with daily and weekly self-evaluation of goals on the individualized learning plan, assessment of student on select indicators of the Clinical Performance Instrument and Clinical Instructor feedback.

Grades are formulated based upon the following components.

<u>Components</u>	<u>Points Available</u>
Professional Behaviors Instrument	50 points
Individualized Learning Plan	50 points
Reflective Journal	25 points
CPI	pass/fail

Note: This course has no final exam.

To Pass “KIN 699: Physical Therapy Clinical Internship Elective,” students MUST:

- Demonstrate performance at the “advanced beginner” level on each indicator #1 - 4 on the CPI as assessed by the CI, with consistent observation by the CI that student modifies his/her performance based upon feedback provided AND
- Earn a minimum of 80% of the available points on the Professional Behaviors Assessment with consistent observation by the CI that student modifies his/her performance based upon feedback provided
- Earn a minimum of 80% of available points on the reflective journal.
- Earn a minimum of 80% of available points on the Individualized learning plan.

Notes to the Grading of the Professional Behaviors:

The Clinical Instructor will assess the Professional Behaviors of the student on the Professional Behaviors Document, paying particular attention to those criteria required for progression to the next

clinical course (HMS 680, 681 or 880, 881 or 882). In addition, the student will complete a self assessment on the same document including self-assessment in the following areas:

- Critical Thinking
- Problem Solving
- Communication Skills
- Interpersonal Skills
- Responsibility
- Professionalism
- Use of Constructive Feedback
- Effective Use of Time and Resources
- Stress Management
- Commitment to Learning

Students are awarded 50 points and five points will be deducted from this initial score for each Professional Behavior for which the CI has indicated that the student is not functioning at the level required for progression to the next clinical course per the 'readiness for clinical practice' document.

In addition to the CI's assessment, the student must self assess him/herself on the Professional Behaviors document within two days of the initiation of the course as well as the conclusion of the course. The student must include the following elements in the Professional Behaviors self assessment:

- Rate self on each behavioral criterion.
- Provide specific examples of behaviors that support his/her self-assessment of each behavior.
- Complete a Professional Development Plan for the duration of the course to be included in the initial self-assessment of the Professional Behaviors
- Provide self assessment of achievement of goals on the Professional Development Plan to be included in the final Professional Behaviors self assessment.
- Provide evidence of inclusion of professional behaviors in the student's individualized learning plan.

Two points are deducted:

- For each criterion for which the student has not rated him/herself.
- For each criterion for which the student has not listed specific examples of behaviors that support his/her self assessment.
- For each behavioral criterion in which the student is not functioning at 'beginning' level as assessed by the Clinical Instructor.
- For each behavior in which the CI has indicated that he/she has provided feedback to the student but the student has not modified his/her behavior. However, if the student has indicated to the CI why he/she does not wish to modify the behavior and the CI feels that the student is justified in his/her response, no points will be deducted.
- If Professional Development Plan is not included in the initial self assessment
- If assessment is not provided regarding the progress on the Professional Development Plan in the final self assessment

Notes regarding the completion of an Individualized Learning Plan (ILP):

Because this course is designed to meet the needs of each individual student, the student is required, by the second day of the course, to submit the final draft of the Individualized Learning Plan that includes the following elements:

- Identification of skill areas and/or behaviors to be targeted
- A measurable outcome per area
- Specific action steps to take to meet each skill or behavioral target
- Time frame for meeting each targeted skill or behavior

The Individualized Learning Plan (ILP) must be submitted to and reviewed by the course instructor of record, revised by student as requested by course instructor and be in final form by the second day of the clinical experience. Student should allow adequate time for potential revisions of the plan prior to the second day of the course. If, in the opinion of the course instructor, the student has not developed an Individualized Learning Plan that will sufficiently address the student's learning needs, the student's participation in the course may be denied.

At the conclusion of the course the student must submit self-assessment noting progress achieved on the ILP. All students will be provided with rubric for development of Individual Learning Plan as well as rubric for self-assessment of progress on the Individual Learning Plan.

Notes to the Grading of the Reflective Journal: Students are awarded 20 points if the reflective journal has *daily entries* that show thoughtful attention to items on the individualized learning plan and include evidence of self-directed learning, accurate and careful self-reflection and the formulation of short term and long term goals. As noted, journal entries must be submitted to the instructor of record on a daily basis for the duration of the clinical experience, unless indicated otherwise by the course instructor of record. Journal entries are due by 9:00 am on the following day. Two points are automatically deducted for each day that the student does not submit a journal entry by 9:00 am.

Notes to the Grading of the Clinical Performance Instrument (CPI):

CPI indicators #1 – 4 are graded on a pass/fail basis. In order to pass this course the student must perform at “advanced beginner” level on each of these indicators with consistent observation by the CI that student modifies his/her performance based upon feedback provided by the CI or the requirements of the environment.

Failure to receive an “advanced beginner” level rating on each of indicators #1 – 4 or failure to modify performance/behavior based upon feedback from CI, will result in a failing grade in the course.

These CPI performance indicators are considered ‘red flag’ items, indicating that sub optimal performance on these indicators may place patient safety at risk and/or may indicate that the student is not functioning within the ethical and/or legal standards of the profession. For this reason, the CI is authorized to immediately remove any student from the clinical setting if his/her performance on these indicators is suboptimal. If a student is removed from the clinical setting, the student will earn a failing grade in the course.

Additional notes to grading of this course:

- All assigned work that is due at the conclusion of the course must be turned in within 48 hours of the completion of the clinical.
- Attendance in the clinical setting is crucial for student learning. Therefore, failure to attend daily or arrive timely on a daily basis may result in a failing grade in this course.
- All students are required to submit the self-assessment, learning style inventories, individual learning plan and introductory letter to the CI and CCCE prior to initiation of the course. Failure to do so may result in failing grade for the course. Student’s individual learning plan must be in final form by the second day of the course.
- All students are required to complete The Student Physical Therapist Evaluation: Clinical Site and Clinical Instructor form, review it with their CI and submit this form to the DCE at the completion of the course.
- Use of cell phones during the clinical ‘work day’ is allowed only during lunch. Use of the cell phone during other times may result in a failing grade for this course.
- If student wishes to utilize a smart phone for activities related to patient care, he/she must notify the course instructor as well as seek permission from CI or CCCE prior to smart phone use.
- Patient Privacy is of utmost importance. Any violation of HIPAA regulations by student, at any time during this course, may result in a failing grade in the course.

Grading: Grades will be earned based on the following scale:

100-93% A	86-83% B	76-73% C	66-63% D
92-90% A-	82-80% B-	72-70% C-	62-60% D-

89 – 87% B+

79-77% C+

69-67% D+

less than 60% F

Any modifications to this scale will be at the discretion of the instructor.

References, readings and other supports:

A. Required texts/readings:

Required Texts: *Guide to Physical Therapist Practice, 2nd edition*
American Physical Therapy Association (2001)
ISBN #: 1-887759-85-9

Professional Behaviors Tool will be posted on D2L prior to the beginning of the clinical experience.

B. Additional readings:

It is recommended that students have the required text books from previous course work in the PT program available during the clinical experience. In addition, the student may find the following books useful during this course:

- 1) Tabors Cyclopedia Medical Dictionary.
- 2) The Merck Manual 18th Edition; Beers, M.H.
- 3) Physician's Desk Reference or electronic equivalent.

Course, Department and Program Policies:

1. Attendance: Attendance is crucial for student learning. Therefore, students are expected to be in attendance in the clinical setting during the CI's scheduled hours. If a student will not be in attendance due to illness, family emergency or religious observation, s/he must notify the course instructors prior to the scheduled work day (in the case of planned absences) or at the time of an unplanned absence. Failure to do so may result in a failing grade. No other form of absence will be excused and unexcused absence may result in a failing grade in this course. Please note that regular, on-time attendance is an important component of professional behavior. Therefore, if a student arrives late to the scheduled meetings or class on four or more occasions during the course, he/she may receive a failing grade in the course.
2. Late Work: The instructor does not accept late work except under very unusual circumstances. Students are expected to take all exams at the scheduled times.
3. Students called to active military duty. Accommodations for absences due to call-up of reserves to active military duty will be managed according to University Policy.
http://www4.uwm.edu/current_students/military_call_up.cfm
4. Incompletes. A notation of "incomplete" may be given in lieu of a final grade to a student who has carried a subject successfully until the end of a semester but who, because of illness or other unusual and substantiated cause beyond the student's control, has been unable to take or complete the final examination or to complete some limited amount of term work.
<http://www4.uwm.edu/secu/docs/other/S31.pdf>
5. Discriminatory conduct (such as sexual harassment). Discriminatory conduct will not be tolerated by the University. It poisons the work and learning environment of the University and threatens the careers, educational experience, and well-being of students, faculty, and staff. <http://www4.uwm.edu/secu/docs/other/S47.pdf>

6. Academic misconduct: Cheating on exams or plagiarism are violations of the academic honor code and carry severe sanctions, including failing a course or even suspension or dismissal from the University. Academic misconduct is inconsistent with the ethical practice of physical therapy and is taken very seriously by the DPT program and the University of Wisconsin-Milwaukee. UWM defines misconduct as follows: "Academic misconduct is an act in which a student seeks to claim credit for the work or efforts of another without authorization or citation, uses unauthorized materials or fabricated data in any academic exercise, forges or falsifies academic documents or records, intentionally impedes or damages the academic work of others, engages in conduct aimed at making false representation of a student's academic performance, or assists other students in any of these acts." (Chapter UWS 14 and the UWM implementation provisions; Faculty Document 1686).

Please see http://www4.uwm.edu/acad_aff/policy/academicmisconduct.cfm for more information on academic misconduct or www.uwm.edu/Dept/SecU/SyllabusLinks.pdf for more information on university policies and procedures.

College of Health Sciences (CHS) Honor Code: The Honor Code provides a framework for moral, ethical, and professional behavior for all members of the College of Health Sciences, including students, faculty, and staff. With all members of the College committed to upholding and promoting the tenets of the Honor Code, we will continue to work and learn in a supportive and stimulating environment. Commitment to this Honor Code supports the mission of the College of Health Sciences to prepare future health professionals, and conduct nationally recognized research in the health sciences. Please visit the website <http://www4.uwm.edu/CHS/students/honorcode/honorcode.html> for the detailed Honor Code.

7. Religious observance: Students may miss class without penalty for religious observance with advance notification. <http://www4.uwm.edu/secu/docs/other/S1.5.htm>
8. Special Accommodations: Individuals with disabilities and/or health conditions that may affect full participation in this course must contact the instructor during the first week of classes. This information is confidential. <http://www4.uwm.edu/sac/SACltr.pdf>
9. Complaint procedures. Students may direct complaints to the head of the academic unit or department in which the complaint occurs. If the complaint allegedly violates a specific university policy, it may be directed to the head of the department or academic unit in which the complaint occurred or to the appropriate university office responsible for enforcing the policy. <http://www4.uwm.edu/secu/docs/other/S49.7.htm>
10. Grade appeal procedures. A student may appeal a grade on the grounds that it is based on a capricious or arbitrary decision of the course instructor. Such an appeal shall follow the established procedures adopted by the department, college, or school in which the course resides or in the case of graduate students, the Graduate School. These procedures are available in writing from the respective department chairperson or the Academic Dean of the College/School. <http://www4.uwm.edu/secu/docs/other/S28.htm>
11. Cell phone use: Use of cell phones during the clinical 'work day' is allowed only during lunch. Use of the cell phone during other times may result in a failing grade for this course. If student wishes to utilize a smart phone for activities related to patient care, he/she must notify the course instructor as well as seek permission from CI or CCCE prior to smart phone use. <http://www4.uwm.edu/secu/SyllabusLinks.pdf>
12. Additional Clinical Education Course Requirements
- Students are responsible for their own transportation and lodging.
 - Students are encouraged to have a comprehensive physical examination prior to beginning their internships.
 - Students are responsible for fees for services rendered should they become ill and require medical attention and are therefore advised to secure health insurance coverage.

- Students must have evidence of immunization and titer results on file with the Physical Therapy Program and available for facility inspection for the following:
 1. Varicella
 2. Rubella
 3. Rubeola
 4. Mumps
 5. Hepatitis B
 6. Tetanus
 7. Annual TB test results (note: if a site requires TB test in 6 month intervals the student will be notified of such requirement and is expected to comply)
 8. If site requires, student must complete a 10 panel drug screen prior to the clinical placement.
- Students must have participated in HIPAA training prior to first day of clinical experience and have provided certificate of completion to the DCE.
- Students must have CPR and AED certification (adult and infant) at the basic life support level to participate in clinical experience.
- Students are expected to follow all policies and procedures of their assigned facility.
- All students are required to carry professional liability insurance in addition to the university's coverage via state statute.

Please see the following link for all other University policies: <http://www4.uwm.edu/secu/SyllabusLinks.pdf>