Initial List of Resources and Individual Action Ideas

• For those interested in further examination and perspective on racism and anti-racist actions, we offer the following titles as a starting place. If you are financially able to do so, we encourage you to purchase titles by authors who identify as Black, indigenous, and people of color (BIPOC).

• For members of the Zilber SPH community who identify as White and are looking to further examine white privilege:
• If you have younger teens:


• For those who are financially able, donate to reputable BIPOC run organizations of your choice addressing racial injustice, racism, inequity. Here is one example, National Bail Out, dedicated to providing legal support to Black women and people arrested in uprisings against racial injustice: [https://secure.actblue.com/donate/freeblackmamas2020](https://secure.actblue.com/donate/freeblackmamas2020)

• For faculty planning their syllabi for next academic year, consider the power of selecting readings for your courses from authors who identify as BIPOC, authors not born in the US, and LGBTQ+ authors. Specific ideas for incorporating Black women authors can be found on this site: [https://www.citeblackwomencollective.org/](https://www.citeblackwomencollective.org/)

• If you have a social media presence, consider participating in the #AmplifyMelanatedVoices Challenge if you haven’t already (going on through 6/7):
  o The #AmplifyMelanatedVoices Challenge was created by @blackandembodied and @jessicawilson.msrd. There is related content on Facebook, Twitter, and Instagram.
  o From the announcement: “The #AmplifyMelanatedVoices Challenge calls on social media users to focus on the social justice work of BIPOC (black, indigenous and people of color) amid the national protests surrounding racial injustice and police brutality in order to give a platform to those who are historically silenced or looked over.” Follow and repost content from BIPOC. If you identify as White, rather than create your own social justice content during this time, follow and repost content from BIPOC.
• For learning experiences from public health organizations:
  o **June 9 American Public Health Association (APHA) webinar** (1 - 2:30 PM CDT);
    #1: Racism: The Ultimate Underlying Condition: [https://www.apha.org/events-and-meetings/webinars/racial-equity](https://www.apha.org/events-and-meetings/webinars/racial-equity)
  o Wisconsin Public Health Association (WPHA) Racial Equity Resources: [https://www.wpha.org/page/Racism_resources](https://www.wpha.org/page/Racism_resources)
  o APHA Racism and Health Resources: [https://www.apha.org/topics-and-issues/health-equity/racism-and-health](https://www.apha.org/topics-and-issues/health-equity/racism-and-health)

• Other educational resources:
  o Smithsonian Institute National Museum of African American History and Culture resources on anti-racism: [https://nmaahc.si.edu/learn/talking-about-race/topics/being-antiracist](https://nmaahc.si.edu/learn/talking-about-race/topics/being-antiracist)
  o Understand how structural racism is showing up during COVID-19: [https://nextcity.org/daily/entry/covid-19-puts-structural-racism-on-full-display](https://nextcity.org/daily/entry/covid-19-puts-structural-racism-on-full-display)