

**Subject:** Alcohol and Other Drug Resources and Information

**Date:** Tuesday, October 31, 2023 at 10:05:25 AM Central Daylight Time

**From:** UWM Dean of Students

**To:** Adam B Jussel



Dean of Students

## Maintaining a Safe and Drug-Free Campus

Dear Panthers,

Happy fall semester! I wanted to reach out and provide you with some information to support you. We know that this is a stressful time of year, so want y'all to be safe and healthy.

UWM strives to maintain a safe, productive and drug-free environment. I encourage you to review [UWM's Drug-Free Campus Notification document](#). It outlines:

- The applicable campus expectation and policies;
- Provides a description of UWM, Wisconsin and federal sanctions for alcohol and drug-related offenses;
- Summarizes the health effects of alcohol and other drug (AOD) use; and
- Lists available campus and community resources for assistance with AOD issues (including telehealth, i.e., phone or online, services and support).

If you have any questions, you can contact me at [jussel@uwm.edu](mailto:jussel@uwm.edu) or @adamjussel on social media.

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### Resources at a glance

Boxes containing naloxone/Narcan — a safe medication that can reverse an opioid overdose — have been installed across UWM campuses. For more information about Narcan, visit the [Narcan at UWM webpage](#).

UWM offers fentanyl test strips to students for free at the Student Health and Wellness Center dispensary. The strips can reduce the chance for overdose by detecting the presence of fentanyl, a potentially dangerous synthetic opioid, in different kinds of drugs.

The Student Health and Wellness Center offers a confidential brief screening and intervention program called [BASICS](#) for students who want to explore their alcohol/drug use and ways they might reduce the risks for harmful outcomes. The center also provides confidential alcohol and other drug assessment, brief counseling, crisis counseling, support groups, consultation and

referral assistance for students on the Milwaukee campus.

Students may call 414-229-7429 or visit the [Student Health and Wellness Center website](#) for more information.

Students who attend UWM at Waukesha may visit the [Campus Counseling Center website](#) for more information.

Students who attend UWM at Washington County may visit the [Campus Counseling Center website](#) for more information.

UWM has partnered with Mantra Health to increase the availability of counseling services to our students. Mantra counselors provide free short-term psychotherapy to enrolled in-person and online learners for whom teletherapy is appropriate. If looking for evening or weekend appointment times, or in need of an identity-specific provider, you can find more information about the [expanded counseling services here](#).

If you or a loved one is facing a mental health crisis or in need of immediate support, call or text UW Mental Health Support 24/7 at 888-531-2142, or start a chat in the [UW Mental Health Support 24/7 Portal](#).

[You@UWM](#) invites students to create a confidential profile to discover hundreds of personalized tips and resources to tackle your academics, career path, stress and social life. Many tips pertain specifically to healthy, substance-free coping strategies.

Additional information and available resources can be found on the [Alcohol & Other Drugs page](#) of the [Student Health and Wellness Center website](#) or by contacting Crysta Jarczynski, MPH, Alcohol & Other Drug Misuse Prevention Coordinator, at [jarczyns@uwm.edu](mailto:jarczyns@uwm.edu).

Sincerely,

**Adam Jussel**

Dean of Students

University of Wisconsin-Milwaukee

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The [Drug-Free Workplace Act of 1988](#) requires institutions to certify they maintain a drug-free workplace as a condition for receiving federal grants and contracts. [The Safe and Drug-Free Schools and Communities Act](#) also requires institutions to certify they have adopted and implemented programs that help prevent the unlawful possession, use or distribution of drugs and alcohol by students and employees. These Acts include a requirement that institutions notify students and employees of unlawful activities, sanctions, prevention programs and resources concerning alcohol and other drugs.



**Dean of Students**  
Student Union, Suite 345  
2200 E. Kenwood Blvd.  
Milwaukee, Wisconsin 53211

View this email [online](#).

2200 E. Kenwood Ave  
Milwaukee, WI 53211 | US

This email was sent to [jussel@uwm.edu](mailto:jussel@uwm.edu).