

Maintaining a Safe and Drug-Free Campus

Dear Panthers,

I know that this has been an exciting and challenging semester as we've all returned to campus, and I wanted to provide you with some information to help support your safety, health and well-being.

UWM strives to maintain a safe, productive, and drug-free environment. I encourage you to review UWM's Drug-Free Campus Notification document, which outlines the applicable campus expectation and policies; provides a description of UWM, Wisconsin, and federal sanctions for alcohol and drug-related offenses; summarizes the health effects of alcohol and other drug (AOD) use; and lists available campus and community resources for assistance with AOD issues (including telehealth, i.e., phone or online, services and support). The document also provides information about how drug-related offenses may impact your eligibility for federal student financial aid.

If you have any questions you can contact me at jussel@uwm.edu or @adamjussel.

Adam Jussel

Dean of Students University of Wisconsin-Milwaukee

Resources at a glance

On-campus confidential brief screening and intervention services are available to students through Norris Health Center. Students who would like to participate can learn more and sign up on UWM's Brief Alcohol & Other Drug Screening & Intervention Program (BASICS) website.

University Counseling provides confidential AOD assessment, brief counseling, crisis counseling and referral assistance for students on the Milwaukee Campus. Students may call 414-229-4133 or visit this website for more information.

Students who attend UWM at Waukesha may call 262-521-5480 or visit the Campus Counseling Center website for more information.

Students who attend UWM at Washington County may call 262-521-5480 or visit the Campus Counseling Center website for more information.

SilverCloud is an online mental health tool available to all students at no cost. It offers self-guided programs aimed at helping address mild to moderate issues with anxiety, depression, stress, resilience, and insomnia. Based on cognitive behavioral therapy principles, the program is available any time, on any device.

You@UWM invites students to create a confidential profile to discover hundreds of personalized tips and resources to tackle your academics, career path, stress and social life. Many tips pertain specifically to healthy coping strategies during the pandemic.

Additional information and available resources can be found here. If you have any questions concerning the effects of alcohol or other drug use or prevention programs at UWM, please contact Susan Cushman, MPH, CHES, Campus Alcohol & Other Drug Coordinator, Norris Health Promotion and Wellness at cushman@uwm.edu.

The <u>Drug-Free Workplace Act of 1988</u> requires institutions to certify they maintain a drug-free workplace as a condition for receiving federal grants and contracts. <u>The Safe and Drug-Free Schools and Communities Act</u> also requires institutions to certify they have adopted and implemented programs that help prevent the unlawful possession, use or distribution of drugs and alcohol by students and employees. These Acts include a requirement that institutions notify students and employees of unlawful activities, sanctions, prevention programs and resources concerning alcohol and other drugs.



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