Getting Settled.

Settling into a new country can be both rewarding and challenging. You may miss some of the familiar smells, tastes, and sounds of home. So, to help ward off homesickness and to bring some of your home cuisine or culture to your new home in Milwaukee below is a list of regionally-specific groceries.

**Indian/Pakistani/Bangladeshi**

- Bharat Mart
- Indian Groceries and Spices
- Best Food Store
- AJS Desi Market
- Janet Grocery and Zabiha BBQ
- Sasta Bazaar (Pakistani, Some East African, Zabiha Halal meat)

Indian Bazaar

**Middle Eastern/North African**

- Adom African Market
- Attari Supermarket
- Shirazi Market
- Holy Land Grocery
- Amanah Market

**Latino/Caribbean**

- Pueblo Foods
El Rey

Lopez Bakery

Panaderia El Sol

La Hacienda

Carniceria Vargas

African

Adom African Market

J and S African Center

East Asia (China, Japan, Korea)

Mei Hua (Pan-Asian)

Pacific Produce (also good for SE Asian cuisine)

New Asian (Pan-Asian)

Southeast Asia (Vietnam, Laos, Cambodia, Hmong, Thai)

Phongsavan

Asian International Market

Anh Chau Oriental Market

Myanmar Asian Market

Viet Hoa

Mediterranean (Greek/Italian)

Scardinia Specialties

Parthenon Food (they also offer some eastern European/Balkans specialties)
Glorioso’s Italian Market

Sciortino’s Italian Bakery

Roma’s Italian Bakery and Deli

Groppi’s Italian

Eastern European

Russian Food and Gifts

Aj’s Polish Deli

Old World Deli

D & S Deli (Balkans)

Cermak is another great option with a range of food at affordable prices. There are Latino, Eastern European, South Asian, and a smattering of other nationalities represented among the food options.

To get there from the main campus click here

Don’t overlook the UWM food pantry! Monday and Thursday you can pick up some food essentials, and it is free for all students.