

DETERMINE YOUR INTERESTS

DIRECTIONS:

1. Read the following themes and underline/highlight word and phrases that describe you
2. Rank the themes from 1-6, with 1 being the theme that most represents you and 6 being the least
3. Visit the following websites to see majors and careers that fit your highest ranked themes

Google: Career Zone assess yourself; **Google:** UTK Holland; **Google:** Salisbury Holland code quiz

REALISTIC THEME - THE DOER

May like and/or be good at:

Enjoy activities that are hands-on or require physical strength. Like to build, repair, and work with tools/machines. Prefer concrete problems to abstract ones.

Typical hobbies:

Activities outdoors, with physical challenges, or using tools and equipment. Such as rock climbing, racing, hunting, camping, building/repairing, etc.

May be described as:

Practical, straightforward, and systematic

INVESTIGATIVE THEME - THE THINKER

May like and/or be good at:

Like to research, analyze, evaluate, and solve problems. Enjoy math and/or science and question why things are. Enjoy being intellectually challenged.

Typical hobbies:

Activities with scientific, mathematical, or experimental components. Such as chess, sailing, scuba diving, reading, computers, nature, etc.

May be described as:

Inquisitive, observant, and logical

ARTISTIC THEME - THE CREATOR

May like and/or be good at:

Enjoy opportunities for self-expression, creating, and designing. Like the visual arts, performing arts, or writing.

Typical hobbies:

Participating in or attending events that include art, photography, music, dance, drama, etc.

May be described as:

Imaginative, expressive, and nonconforming

SOCIAL THEME - THE HELPER

May like and/or be good at:

Like to help and care for others. Enjoy nurturing, comforting, enlightening, training, guiding and listening to others.

Typical hobbies:

Activities with a focus on nurturing, making social contributions, and relating to others. Such as community service work, working with children or the elderly, etc.

May be described as:

Patient, supportive, compassionate, and a good communicator

ENTERPRISING THEME - THE MOTIVATOR

May like and/or be good at:

Enjoy motivating, influencing, leading or directing the work of others. Like working toward organizational goals and economic success.

Typical hobbies:

Activities allowing for leadership, group management, competition, and team work. Such as clubs and organizations, sports, activism, event planning, etc.

May be described as:

Ambitious, persuasive, goal-oriented, and self-confident

CONVENTIONAL THEME - THE ORGANIZER

May like and/or be good at:

Like organization, structure, and accuracy. Enjoy managing and tracking data or information. Prefer to carry things out in detail.

Typical hobbies:

Activities with practical purposes, organized steps, or assembly of parts or pieces. Such as puzzles, model building, home improvement projects, etc.

May be described as:

Systematic, methodical, and practical