

Resources from today's MeetUp: 12/5/16

Mindfulness For Educators

- Growing Minds: Caring Classrooms, Caring Schools - <http://www.growingmindstoday.com/>
- Om Yeah Yoga Movement - <http://www.omyeahyogamovement.com/>
- Milwaukee Teacher SPace - <https://www.facebook.com/mketeacherspace/?fref=ts>



Bookmaking Techniques from Sarah Ozurumba

Squash Book

- 3 squares of paper
- Fold in half both ways & diagonally
- Glue together on corners
- fold together & add front & back covers

Flag Style Book

- start with an accordion fold spine
- glue pages or index cards that alternate sides of the accordion fold
- add a front & back cover

Gypsy Wagon Book

- fold a long sheet of paper at the bottom
- accordion fold the long paper
- glue on the small folded seams
- insert pages or index cards for pages

Additional Bookmaking Resources

- ABC (Art Books & Creativity) - http://artbookscreativity.org/wp-content/uploads/2011/09/abc_Curriculum-Complete.pdf
- Dick Blick - <http://www.dickblick.com/lessonplans/discipline/book-and-paper-arts/>