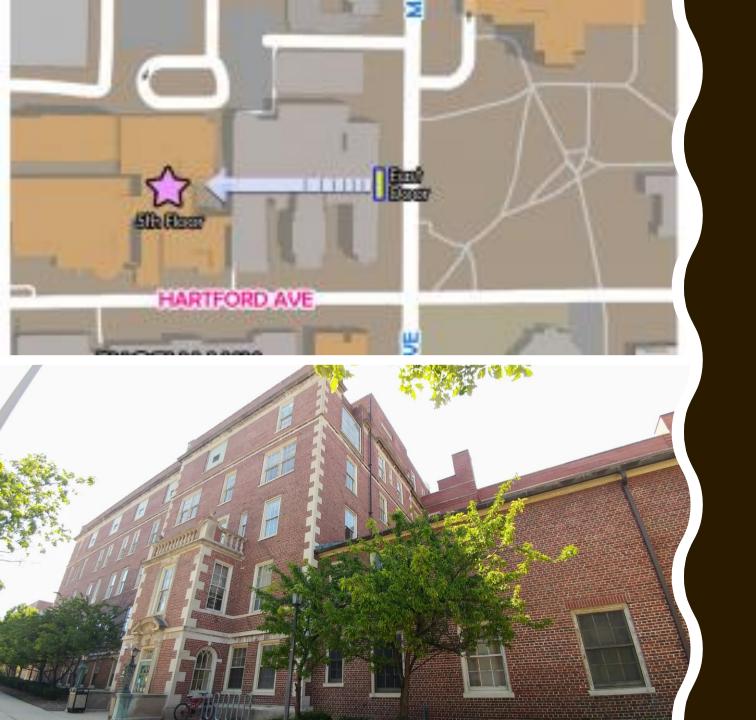


# UCS SERVICES

CARRIE FLEIDER, LCSW
DIRECTOR



### **LOCATION**:

5TH FLOOR OF THE NORTHWEST QUADRANT BUILDING (NWQ)

### **HOURS**:

MONDAY - FRIDAY 8:00AM - 4:45PM

# WHAT IS UNIVERSITY COUNSELING SERVICES?

#### **COUNSELING**

Psychological services, including individual, group, and relationship counseling

#### **CONSULTATION**

Services also include consultation to the campus community and training experiences for graduate student counselors.

#### **OUTREACH**

We also provide actively participate in outreach including presentations to the campus community. Let's Talk and Silvercloud!

#### **PSYCHIATRY**

Medication evaluations and management.

#### **CRISIS**

Personal distress or reactions to traumatic events.

#### CASE MANAGEMENT & REFERRAL

Finding the right level of care for UWM students

## HOW DO I MAKE AN APPOINTMENT?



Contact UCS either by phone (414-229-4133) or by walking into the clinic on the 5<sup>th</sup> floor of the NWQ, building B, to schedule your initial appointment.



For all clinical services (counseling & psychiatry), your initial appointment will be a 30-minute IvI meeting with a clinician to identify your current concerns and related goals as well as provide best recommendations towards services.



Upon scheduling your appointment, you may fill out the required history forms prior to your appointment by utilizing the <u>client portal</u>.



Telehealth and In-person
Options! Please arrive 10-15
min prior to your first
appointment starting time!