



UWM – DEPARTMENT OF DANCE

ARTS GER & CULTURAL DIVERSITY CLASSES





SOMATIC EMPHASIS

DANCE 103- Introduction to Iyengar Yoga – 3 cr. Several Sessions - Iyengar Yoga method and philosophy presented in a format to enrich artistic appreciation of Yoga as a physical artform.

DANCE 220 – Body Sense – 3 cr. Several Sessions - This course intends to provide an environment for creative exploration of individual body awareness, integration of body-mind and experiencing the body in space.

Dance 321 – Alexander Technique for the Performer (non-GER) – 3 cr. Introduction to the principles of Alexander Technique as it applies to performing artists and new media collaborations.



CONTINUE

Dance 323 – Body Conditioning: Pilates Method (non-GER) – 3 cr. Supervised exercises providing special training for strength, balance, and endurance as well as anatomical study.

Dance 624 – Feldenkrais for the Performer (non-GER) – 3 cr. How the teaching pedagogy and theories of The Feldenkrais Method® is applicable to any movement-focused situation, especially dance.



PHYSICAL PRACTICES

Dance 111 –Ballet I – 3 cr. This beginning level class introduces ballet principles for those with little or no previous studio training. Alignment, verticality, and basic ballet movements are stressed.

Dance 113 –Modern Dance Technique I – 3 cr. Introduction to basic elements and principles of modern dance. Anatomically correct use of body, moving with awareness, and use of varied movement qualities are stressed.

Dance 115 – Jazz Dance I 3 - cr. Basics of percussive and lyrical jazz styles.

Dance 117 – Tap I – 3 cr. The basics of tap dancing designed to instill rhythm and a sense of style.

GLOBAL PERSPECTIVES

Dance 122 – African Dance & Diaspora Technique - 3 cr. (Arts/CD) –
Several Sessions - Philosophical and applied foundations of African-American dance. Aesthetics, style, musical accompaniment, the role of dance as expression of socio-cultural experience. Emphasis on movement.

Dance 370 – World Movement Traditions - 3 cr. Dance and movement traditions of world cultures; different cultures each semester.

- **Kathak and Bollywood Dance**
- **American Ballroom Dance**
- **Salsa/Merengue**
- **Hip-Hop**



LECTURE BASED

Dance 110 – Intro to the Art of Dance – 3 cr. (offered every 2 years) - Basic technique, implementation, short compositions, lectures, films and discussions on dance history, philosophy, theory, and survey of current trends.

Dance 315 – History of the American Musical Theatre – 3 cr. (class offered every 3 years) - Introduction to the origins, development and evolution of the American musical theater.

Double Majors w/ Dance BA Degree

- Completion of 120 credits.
- General University Core Curriculum, 42cr, which includes the following:
 - Courses that fulfill the university-wide Oral and Written Communication Competency Part A (OWC-A) and Quantitative Literacy Competency Part A (QL-A) requirements.
 - Nine (9) credits from Peck School of the Arts non-Dance courses, chosen from three of the four other departments in PSOA: Art & Design, Fine Arts, Music, Theatre, or Film, Video, Animation and New Genres.

Continue

- Required Dance Courses, 54cr., which includes the following:
 - Dance Foundations courses, 9cr.
 - Dance courses that fulfill the university-wide Oral and Written Communication Competency Part B (OWC-B) and Quantitative Literacy Competency Part B (QL-B) requirements.
- Electives, 24cr. Selected from **university courses across campus**, including from the provided list of dance electives.



Two Minors Somatics and Dance Performance

- 22 credits
- Designed to accommodate the difficult schedules of students pursuing demanding majors.
- Application: <https://uwm.edu/arts/dance/minor-application/>



- THANK YOU!!!

