

Reaching Students in Need Workgroup Summary

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Overview

- The Reaching Students in Need (RSiN) Workgroup interviewed centers and departments across campus to better understand the mental health needs of students. The interviews aimed to gather information around what resources students are or are not accessing on campus and why, what services these centers and departments provide and how confident they feel in supporting mental health needs.

Centers/Departments Interviewed

- Academic Opportunity Center
- Accessibility Resource Center
- African American Student Academic Services
- American Indian Student Services
- Black Cultural Center
- Center for International Education
- Inclusive Excellence Center
- LGBT Resource Center
- Life Impact Center
- Military and Veterans Resource Center
- PASS
- Roberto Hernandez Center
- Student Housing (RA's)
- Student Success Center
- Study Abroad
- Southeast Asian-American Student Services
- Women's Resource Center

Interview Questions

- Mental Health Concerns
 - How are these communicated?
- Help-Seeking Behaviors
 - What kind of help are students looking for, barriers?
- Skill-set/Ability to Support Students
 - Confidence, what do you need to feel better equipped?
- Additional Questions
 - Campus events, current events, additional info

Key Findings

- Marketing – more intentional marketing of campus and community resources
- Education – Increase mental health awareness and resiliency skill development. Provide intervention skill development opportunities for faculty/staff
- Collaboration – Need to better collaborate across programs and departments to meet student MH needs
- Accessibility – Campus MH resources are perceived as not accessible to all students

Priority Actions

- "One-stop shop" for mental health resources on UWM website
 - Including community and after hours resources
- Online tutorials for faculty/staff to develop soft skills
- Fighting stigma with MindKare Kiosks
- Long-term goal: Will continue to explore cost-effective software/services to make University Counseling Services more accessible

Questions?

- If anyone would like a breakdown of the full report please email
 - Lori Bokowy – labokowy@uwm.edu
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- If anyone has resources to contribute please let us know, we will forward you a qualtrics survey