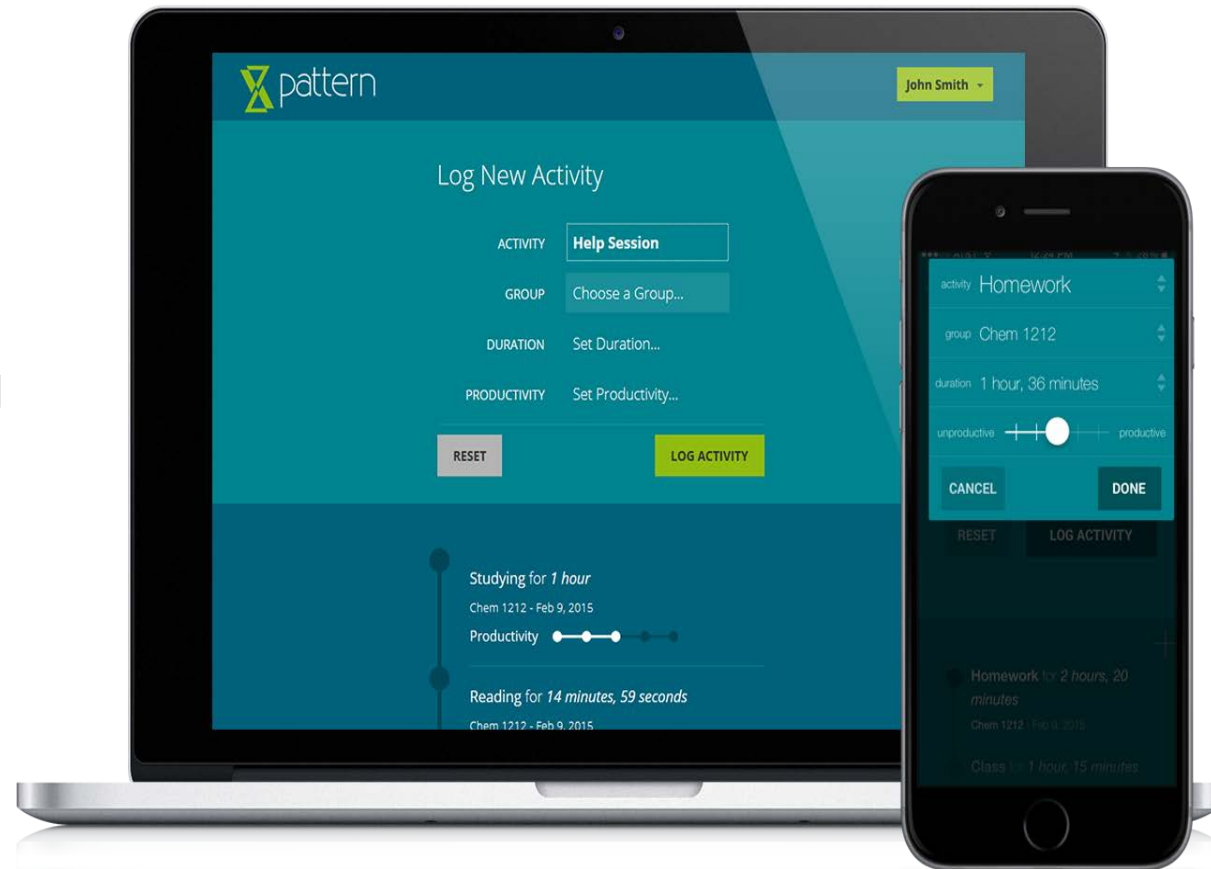


# Pattern: A tool for tracking study activities

All first-year students have access to Pattern free on charge!

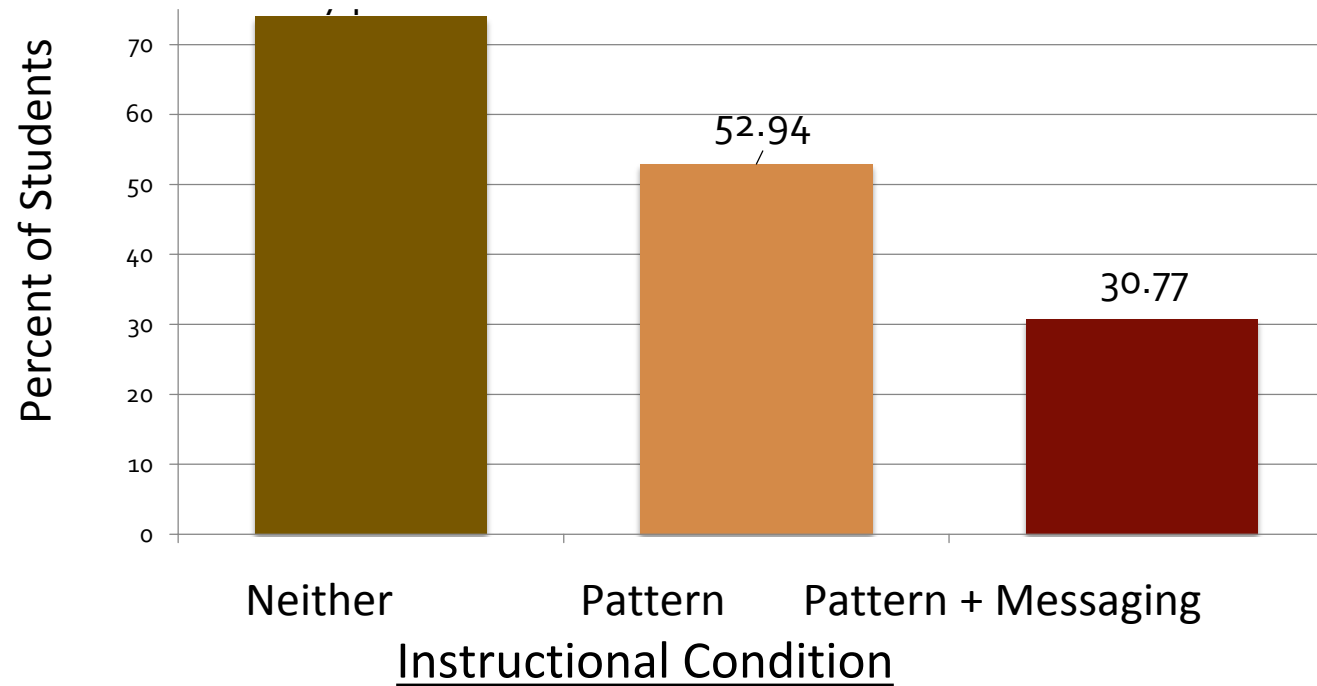
Holds promise for fostering students' self-regulated learning skills!

Evidence strongly supports benefits for UWM students who use the tool!

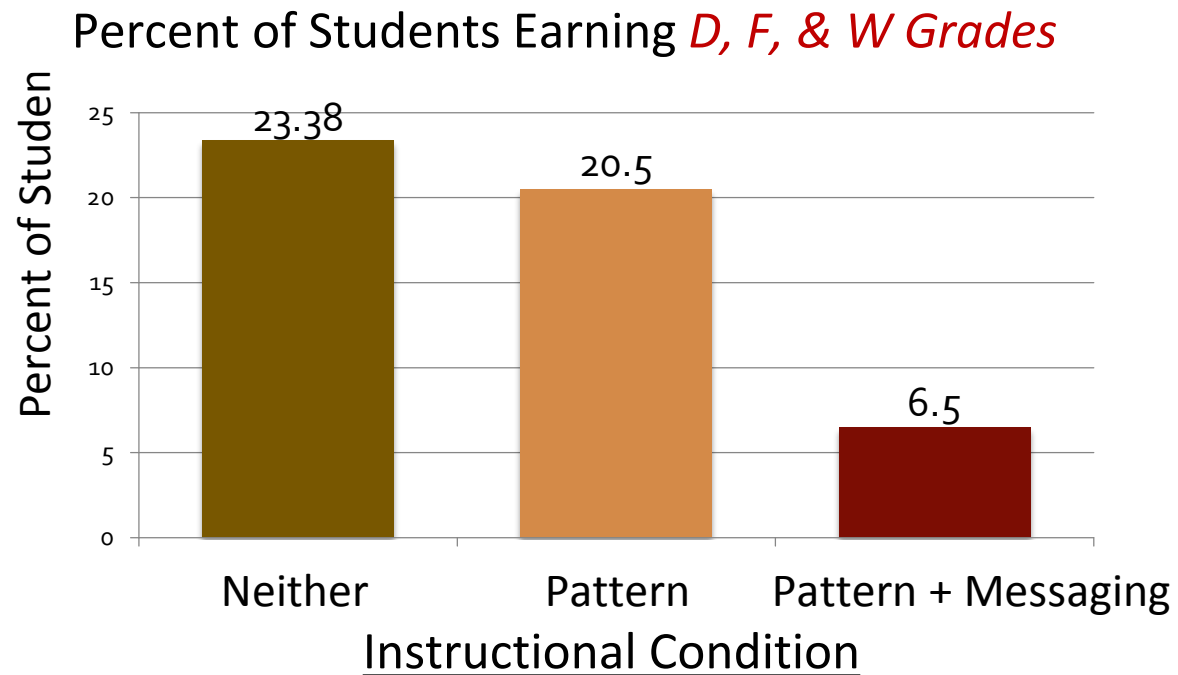


# Students Using Pattern were Less Likely to Fall Behind

Percent of Students Receiving *Early Warning Feedback of Unsatisfactory Performance*



# Greater Success with Pattern + Messaging



## How Pattern + Messaging Supported Self-Regulation

- ✓ Provided concrete evidence of progress & commitment..... 67%
- ✓ Increased awareness of how I studied..... 63%
- ✓ Made me reflect more on my study habits..... 62%
- ✓ Helped me set study activity goals..... 55%

## How can advisors help?

- Encourage first-year students to use Pattern
- Invite students to log into Pattern in your office
- Discuss students' specific study goals
- Request that students use Pattern for one week
- Include reminders about Pattern in communications