

Foundational Pillar: Physical/Emotional Well-Being

Primary University Office:	Campus Health System - Norris Health Center, University Counseling and Health Promotion and Wellness
Supplemental University Office(s)*:	University Recreation, Dean of Students, Student Success Center, University Housing, Advising Office, Academic Primary Partners – Health, Mental Health and Wellbeing, Accessibility Resource Center, Student Association
Primary Functions re OLE:	Service Development, Operations, and Continuous Quality Improvement, Program and Training Development, Delivery and Assessment Coordination and Case Management, National College Health Assessment Management, Strategic Prioritization and Planning, Education, Communication, and Building Community Partnerships
Committee Representation*:	Chancellor’s Advisory Committee on Mental Health Chancellor’s Student Success Workgroup Retention Executive/Steering Committee Student Support Team Campus Assessment, Response, and Education Team (CARE) Student Affairs Leadership Team (SALT) Advising Committees Graduate School Enrollment Task Force * Numerous additional offices and committees serve specific populations and are a primary support of a student’s well-being.

Additional Notes:

- 2017 NSSE data shows that students rate our institution’s emphases on providing support for overall wellbeing (health and counseling) below peer institutions with 67% of freshmen and 57% of seniors rating this as very good or excellent.
- The top 5 issues reported by our students in 2015 were stress (32%), anxiety (27%), sleep difficulty (23%), work (22%), depression (20%), and cold or flu (15%). These issues are above the rates for other UW-System schools and the national averages.
- Campus Health and Student Wellbeing Priorities were updated in 2016 informed by this data and are prevention initiatives and service enhancements that address sexual violence, alcohol and other drug misuse, crisis management and safety, health access issues, and mental health and emotional wellbeing.
- UWM’s focus on this foundational aspect of well-being is important to the overall outstanding learning environment, our students’ success, and to the entire community.