

B.S. Nutritional Sciences · Sample 4-Year Plan



Fall	Credits
NUTR 101: Intro to Nutrition Profession	1
KIN 241: Why We Eat What We Eat	3
COMMUN 103: Public Speaking	3
CHEM 102: General Chemistry	5
BIO SCI 150: Foundations of Bio Sci I	4
Total	16

Spring	Credits
NUTR 110: Intro to Food Principles/Prep.	3
CHEM 104: Gen. Chem & Qual. Analysis	5
PSYCH 101: Introduction to Psychology	3
GER-Humanities	3
Total	14

Fall	Credits
NUTR 235: Nutrition for Health Prof.	3
BIO SCI 202: Anatomy & Physiology I	4
KIN 270: Statistics in Health Professions	3
CHEM 341: Survey of Organic Chemistry	3
GER-Arts	3
Total	16

Spring <i>Apply to major.</i>	Credits
NUTR 210: Food Science	3
NUTR 240: Nutrition for Exerc./Wellness	3
NUTR 245: Life Cycle Nutrition	3
BIO SCI 203: Anatomy & Physiology II	4
BIO SCI 101: General Microbiology	4
Total	17

Fall	Credits
NUTR 350: Nutr. Communication & Educ.	3
NUTR 355: Modifying Nutrition & Eating	2
CHEM 501: Biochemistry	3
Correlate course from approved list	3
Elective course(s)	3
Total	14

Spring	Credits
NUTR 430: Advanced Nutr./Metabolism	3
KIN 245: Client Diversity in Health Sci	3
ENGLISH 207: Health Science Writing	3
Correlate course from approved list	3
Elective course(s)	3
Total	15

Fall	Credits
NUTR 435: Nutrition & Disease I	3
KIN 400: Ethics & Values	3
Correlate course from approved list	3
Correlate course (300+ level)	3
Elective course(s)	3
Total	15

Spring <i>Graduate.</i>	Credits
NUTR 470: Nutrition Internship/Project	4
BUS ADM 292: Entrepreneurship	3
Correlate course from approved list	3
Correlate course (300+ level)	3
Elective course(s)	3
Total	16

This plan assumes the student will 1) satisfy the foreign language requirement with high school credits, and 2) satisfy the math and English proficiency requirements upon entry.