The University of Wisconsin-Milwaukee (UWM) College of Nursing (CON) owns and its Institute for Urban Health Partnerships (IUHP) operates two Nurse-Managed Health Centers (NMHC). Each NMHC is housed within a trusted community-based organizations and provided primary health care and health promotion services through collaborative partnerships with the mission of increasing access to health care and decreasing health disparities. Through these partnerships, about 800-900 local community residents receive health promotion and primary health care services each year.

Adolescent pregnancy prevention (APP) services, sustained by multiple state funding sources, has been a focus of one NMHC since its inception in 1986. The NMHC and its partners developed APP programs based on the Lundeen Community Nursing Center model (Lundeen, 1993) that acknowledges the complexity of health issues affecting urban families and provides comprehensive, collaborative, coordinated, culturally competent, community-based health care. Through long-term partnerships, the Lundeen (1993) model seeks to integrate health and human services to provide families access to services where they live, work, learn, play, and pray.

In 2008, IUHP staff, funded by the Centers for Disease Control and Prevention (CDC) through the Milwaukee Healthy Teens Initiative (MHTI), distilled over 20 years of experience from evidence-based, collaborative, community-based, culturally sensitive, caring, and coordinated programs with teens into a youth worker training. Its development was based on analysis of documented individual, family, aggregate, and community APP interventions through the NMHC in collaboration with the Silver Spring Neighborhood Center, a community-based social service organization located in the largest housing development in Wisconsin. This practice-based evidence training series, Supporting Teens for Success: A Holistic Pregnancy Prevention Approach, targeted organizations and youth workers who provide adolescent programming. The CDC funding also supported a pilot study of the 16-hour MHTI APP training program in early 2009. Trainers gathered program session and series evaluations and trainers' reflections, conducted a post-training focus group with the program participants for evaluation of the program. The program developers used this feedback to further refine the training program. Excellent outcomes from the pilot training led to another round of CDC funding to refine and test the training through a 2010 collaborative APP grant with the UWM Zilber School of Public Health. Eighteen participants reported statistically significant improvement in knowledge and skills related to the MHTI training content areas. A training program and toolkit were developed and are available on two CD-ROMs.