### Fostering Traumatized Kids Series

#### It’s Not About You!
This training series is for anyone who provides daily parental care to children who are a part of the foster care system. These trainings are designed to inform and support those who are parenting a traumatized child.

#### Back to School Transitions
Back to School Transitions focuses on how to best get prepared for the back to school transition for school-aged children who do not do well with changes. Learn the importance of your role and school advocacy.

- **Offering #1**
  - **Sat July 29, 12:30pm-2:30pm**
  - Contact MCWP to register (8807)

#### Working with Birth Parents
Working with Birth Parents focuses on gaining an awareness of how to engage and develop a relationship with a parent who may have a trauma history.

- **Offering #2**
  - **Sat Sept 30, 12:30pm-2:30pm**
  - Click to register – (9096)

#### What Does “Invisible Suitcase Mean” and how do I repack it?
What Does “Invisible Suitcase Mean” and how do I repack it? focuses on how to understand your child’s negative view of themselves, the people who care for him/her, and the world in order to parent in a manner that supports your child “repacking” their suitcase.

- **Offering #3**
  - **Sat Oct 21, 12:30pm-2:30pm**
  - Click to register – (9097)

#### Managing Traumatic Grief
Managing Traumatic Grief focuses on helping your child to grieve parental/familial losses when there was also trauma involved.

- **Offering #4**
  - **Sat Nov 11, 12:30pm-2:30pm**
  - **Click to register – (9098)**

#### Stress Relief
Stress Relief focuses on routine ways of relieving stress and caring for yourself.

- **Offering #5**
  - **Sat Dec 2, 12:30pm-2:30pm**
  - **Click to 12:30pm-2:30pm – (9099)**

### Project Connect
Parental consent from biological parents is required to complete this training.

Project Connect is an innovative adaptation of Parent-Child Interaction Therapy (PCIT) that provides foster parents experiential, applied parent training with their foster children in an accessible group format. A PCIT therapist will contact the family prior to the session to complete an intake interview. Foster parents will attend (2) 6-hour days of classroom training. Additionally, a PCIT therapist will contact foster parents once a week for 6 weeks to provide skill implementation and additional support. Here is what other foster families have to say:

- **It has been a year since we started PCIT and we can hardly remember the extreme behaviors we witnessed from our daughter. **–foster parent

- **If she is having a rough day she now knows to ask for special play and it brings her back. We are now firm believers in PCIT and strongly recommend it to other struggling parents. **–foster parent

- **Offering #3**
  - **Sat Sept 16, 9am-3:30pm**
  - **Sat Sept 30, 9am-3:30pm**
  - 6 sessions with PCIT therapist
  - **Click to register - 8104**

- **Offering #4**
  - **Sat Nov 4, 9am-3:30pm**
  - **Sat Nov 18, 9am-3:30pm**
  - 6 sessions with PCIT therapist
  - **Click to register - 8105**

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**For more locations go to:** [pdsonline.csod.com](http://pdsonline.csod.com) or MCWP website: [www.uwm.edu/mcwp](http://www.uwm.edu/mcwp)

**For assistance:** call 414-964-7400 or email mcwp@uwm.edu

**Updated 7/6/17**